

Kiosk

Fri., April 29

6:30-8:30 PM
Collaboration of the Arts
\$7
PG High School

Sat., April 30

11-1
Open House
Chartwell School
2511 Numa Watson Rd., Seaside
831-394-3468

Sat., April 30

1-4 PM
"Sowing Seeds of Friendship"
St. Mary's By the Sea
146 12th St.
Music, food and dancing.
\$10 or \$15 per family.
373-4441 ext. 10, sowing seeds
of friendship.weebly.com.

Fri., May 6

5-8 PM
FIRST FRIDAY PG
Downtown

Fri., May 6

8 PM
Mike Beck & the
Bohemian Saints
PG Art Center
568 Lighthouse
\$10

Fri., May 6

5-7 PM
Opening Reception
Illustrating Nature
PG Museum
165 Forest
2nd annual exhibit of work by
CSUMB Science Illustration
students

Sat., May 7

10-4
13th Annual May Faire
Monterey Bay Charter School
1004 David Avenue
mbayschool.org
831-655-4638

Sat., May 7

8 PM
Al Stewart & Peter White
in concert to
benefit Tyler Heart Inst.
CHOMP
Tickets 831-620-2048

Sat. May 14

2-4 PM
Walk of Remembrance: The
Pacific Grove
Chinese Fishing Village
PG Museum

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Times

April 29-May 5, 2011

Pacific Grove Community News

Vol. III, Issue 32



The Royal Court of the Feast of Lanterns for 2011 is, from left to right, Allison Naylor, Princess Amethyst; Lindsey Morgan, Queen Topaz; Katy Ohseik, Princess Turquoise; Courtney Lyon, Princess Ruby. The Pageant will return to the pier and it is hoped that permits and funding will allow for fireworks. Photo by Kristi Portwood

'Fire up the Feast' is launched, hoping for fireworks

Royal Court set

The Board of Directors of the Feast of Lanterns has announced the Royal Court chosen for the year 2011. Queen Topaz is Lindsey Morgan, a junior at Pacific Grove High School; the Princesses for this year are Allison Naylor, Courtney Lyon and Katy Ohseik.

"Every year we are amazed at the quality of the young women who apply to The Royal Court. They are lovely, involved, intelligent and committed to the idea of being of service. It is always a joy to realize that we have young people such as these coming into our future" said Sue Renz, President of the Board.

See FEAST Page 2

The Old Bath House, Take II

By Marge Ann Jameson

There was no standing ovation, but there could have been had there been more members of the public there to hear the statement at City Council tonight. It was announced, at the first reading of a revised lease with Robert Enea for the Old Bath House property at Lovers Point, that Jim Gilbert, owner of Abalonetti Seafood on the Monterey Wharf, had agreed to lease the property from Robert Enea and open the restaurant.

Gilbert's representative and managing partner, Kevin Phillips, announced that they would open the restaurant portion as soon as possible after renovations are made.

Phillips said the news restaurant, which will retain the name "Bath House," will serve a varied menu and will not concentrate solely on seafood. "It will not be a complicated menu," he said, "but it will be quality."

He went on to say that the company puts its locals' menu foremost, and would probably open for dinner at 4:00 to cater to



The Old Bath House at Lovers Point is due to undergo renovation soon, with the signing of a lease with Jim Gilbert and Kevin Phillips of Abalonetti Seafood. The signing of a tenant for the restaurant portion was a big part of the lease agreement between the City and Robert Enea, the developer who has taken the entire building and will put in the improvements.

See BATH HOUSE Page 2

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Middle school principal Riedel set to retire

By Cameron Douglas

In August of 1989, a special education teacher named Mary Riedel stepped into room 12 at Pacific Grove Middle School, wondering what in the world she had gotten into. Her predecessor had left things in disarray, there was loud construction happening outside, and her students' Individual Education Plans were out of compliance. PG Unified School District was searching for a permanent superintendent. The middle school staff was "not cohesive," and a chilly feeling pervaded the building that did not come from the coastal fog. Riedel, with 14 years' teaching experience at the time, had left a comfortable life and position down in Poway, north of San Diego, to follow her husband, a military man, to a new assignment on the Monterey Peninsula.

Fifteen years before, she was a student at San Diego State, earning what was unfortunately called an Educationally Mentally Retarded (EMR) certificate. After graduating with a degree in music and political science, she found herself teaching in Poway, where she made the acquaintance of an aid named Mrs. King. King encouraged Riedel, who went on to the Meadowbrook Middle School in 1978. Things went swimmingly until her husband found new opportunity here in '89. She applied first in Carmel, and then got a referral to Pacific Grove Middle School.

Riedel established herself, and the school staff became very supportive. She settled into room 12 and taught her resource class until 2005, when then-principal Jackie TaFoya asked her to fill in for the assistant principal. "I really liked it," she remembers.

One thing led to another, and Riedel got her administrative credential. That took her a about a year, and then she became the official assistant principal under the administration of Matt Bell, who went on to the high school in 2008.

When that happened, the PGUSD superintendent, Dr. Ralph Porras, called Riedel in for a meeting. "How would you feel about becoming the middle school principal?" he asked.

Riedel had doubts, as anyone might when asked to take on a huge new responsibility. A self-described "team player," she said yes.

The school then needed a new assistant principal. Among the applicants was Buck Roggeman. He had taught English to Riedel's youngest daughter, who described him as "her favorite." But Riedel didn't realize who he was until they sat down to talk.

Roggeman, the unanimous choice among the middle school staff, has since become Riedel's "right hand." With Riedel retiring at the end of this school year, Roggeman will take charge of the school effective July 1.

When asked what occasions stand out in her memory, Riedel talked about the tragic accident involving Joel Woods, the parent of a PGMS student. Woods was struck and killed in front of the school about two weeks after Riedel took over as principal in September 2008. "That's a sight I'll never forget."

Describing that day as "baptism by fire," she recalls the quick thought and action that followed. The entire student body was herded into the gymnasium, away from the awful scene on Forest Avenue as first responders tended to Woods and waited for the airlift to arrive.

Of course, there are plenty of fond memories as well. That same year, PGMS was recognized as a Distinguished School. In February of '09, then-state superintendent Jack O'Connell visited PG to honor the middle school's Dot Program. (The program is a way to connect staff and students and identify kids who need more inclusion.) "Our staff loves our students," says Riedel. In spring of 2010, the Association of California School Administrators named her their Administrator of the Year for Region 10.

The years have brought some good changes. "The site is so much nicer." Funds from Measure A and Measure D paid for a new music building and better general upkeep.

Said Porras: "Mary Riedel exemplifies the consummate, professional educator... she has left a legacy of ardent support as a parent of PG students, meaningful and instructional programs as a teacher, and distinguished leadership as a principal... she will be sorely missed in the district."

Riedel's future plans include spend-

ing time with grandchildren, visiting her father at Monarch Pines, and lots of dog walks. Riedel says she has "never not worked" (apologies to English instructors) and intends to keep working—just not as much. She has applied to California State University Monterey Bay and Brandman University to be a mentor to student teachers, as Mrs. King mentored her years ago. She and Mrs. King still keep in touch. Cedar Street Times joins the community to extend deep gratitude to Mary Riedel and best wishes for the future.



Pacific Grove Middle School Principal Mary Riedel (right) and her "right hand," assistant principal Buck Roggeman. Roggeman takes over as principal on July 1.

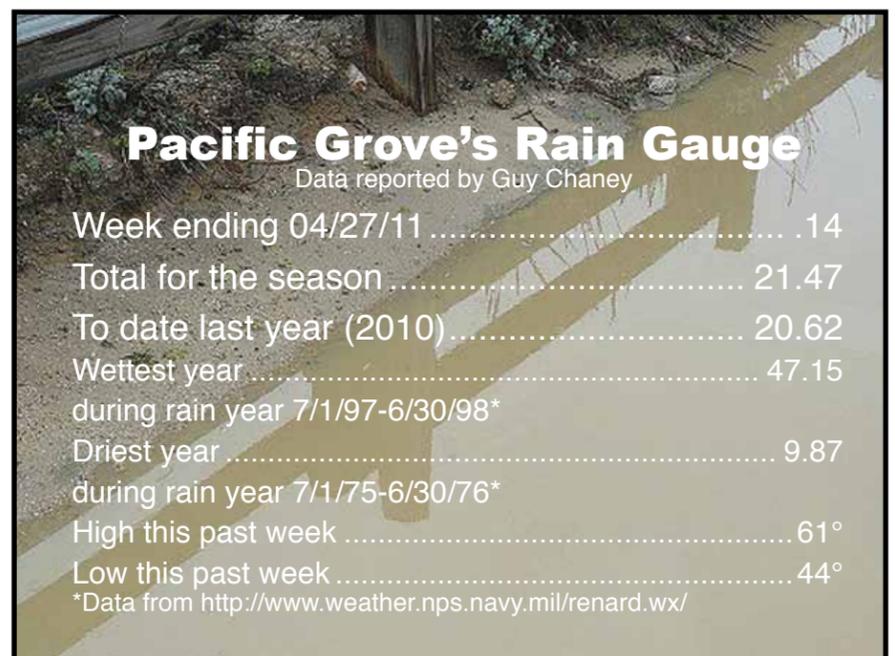
Meet the new PGMS principal

Many of us know him already: Buck Roggeman, set to succeed Mary Riedel as the Principal of Pacific Grove Middle School, taught English and journalism for more than decade at Pacific Grove High School. He also oversaw the high school newspaper and acted as head football coach.

That came after a long stint as a journalist with the Monterey County Herald. Roggeman holds a master's degree in journalism from the University of Southern California. He earned his teaching credential at San Jose State, and did undergraduate work at Stanford, majoring in English literature.

Three years ago, he took the job of assistant principal at PGMS. "I've looked forward to coming to work for the last three years," says Roggeman, adding that he feels very fortunate to work with "someone as talented and classy as Mary [Riedel]." He will take over as principal on July 1, and plans to "build on all the positive things" at the middle school.

In a communication to the school district, PGUSD Superintendent Dr. Ralph Porras wrote, "Buck's keen familiarity with the staff and families of the PGMS community, his deep involvement with the implementation of school goals and professional development activities, his successful work as the assistant principal at the site for the last three years, and many other effective leadership qualities, all make him a very appropriate choice to succeed Mary as the principal."



✓ FEAST From Page 1

The Queen and her Court represent Pacific Grove throughout the year at events such as The Obon Festival, the Salinas Rodeo and the Monterey Fourth of July Celebration. Beginning in July, they appear at local preschools and senior citizen facilities as well as other types of events. They and their families work at all Feast of Lanterns events, starting early in the day and sometimes far into the evening.

The full Feast of Lanterns week begins this year on July 27 the Opening Ceremony. There will be the traditional Pet Parade, and new venues as well as old favorites will be presented through July 3 the Closing Ceremony. A full schedule of events will be available in June.

And yes, the Feast of Lanterns Board is committed to not only bringing the event back to Lovers Point but to cap it off with the traditional fireworks display. All of the permit applications are in process and the next hurdle will be the funding. The Board will begin the task of soliciting funding soon, and as already sent out letters to householders in Pacific Grove.

The budget this year for just the events is \$32,000. This sum is realized with the sale of souvenirs, direct donations from the public and sponsorships. "We feel confident that the folks who have come to enjoy our Feast of Lanterns will support us in this endeavor," said Renz. "Together, we can see that this event, dating back to the founding of our City of Pacific Grove, continues to be a part of our heritage."

"Fire Up The Feast" is the motto for this year 2011. Beginning in May, board members will be visiting with a "menu concept" offering to local business owners and sponsors from the past. Selections from radio rental to costume maintenance to full events will be offered. "We feel certain that this will be a success also," she added.

"One of our most important areas is volunteers. We are in need of volunteers for the various events ranging in numbers of 2 to 20. If you have even an hour of time you can donate to us, or if you feel you would like to become the chair of this committee, we gratefully welcome your participation," she said.

For further information, to donate or to volunteer, call Sue Renz at 649-8737.

✓ BATH HOUSE From Page 1

locals' tastes and needs. He said they would not aim at haute cuisine but at American fare.

Gilbert, who has 40 percent of the square footage on the Monterey Wharf, had previously negotiated, along with Phillips, on the now-vacant property that was most recently Lattitudes. The deal fell through, according to Phillips.

Phillips expressed excitement and anticipation over the venture. "Our motto is to exceed peoples' expectations," said Phillips, a 1977 graduate of Pacific Grove High School. "Any mention of top restaurateurs in the Monterey area for the past 50 years has to include Jim Gilbert."

PGHS Young Writers' Club

Young Writers' Corner

Beach Bonfire

by Skyler Lewis

I watched the tantalizing flames
shoot up sparks in the cool night sky
as fiery tongues lick the sides of pine.

I watched the sun depart its post
splash celestial paint across the clouds,
the sea its final nighttime shroud.

I watched the dune grass sway in time
With wind's rhythm and whispered rhyme.

I watched the beach pass into night
the crowds departing with the light.

I felt the world spin fast around
this sand so still, without a sound.

Marge Ann Jameson

Cop log

Lost & Found

A wallet was found at a school on Forest Ave. by juveniles. There was no phone number found for the owner so a property letter will be sent requesting he/she make themselves known to the police.

An unfamiliar jacket was found lurking in the lobby of the Pacific Grove Police Department.

In a gutter on Carmel Ave. were found a white purse with a silver cell phone, two car chargers and a pair of flip flops.

One man's trash

Waste Management employees found a lot of computer chips in the garbage on Grove Acre. They'd heard about a theft in the Bay Area of new computer chips valued at more than \$1 million.

Someone opened a business's door on Sunset Drive and went through the trash. The business owner listed five people he thought might have done it.

Stolen

An iPod was stolen from a back pack at McDonald's.

And you expected what?

A person reported a theft from an unlocked vehicle on Ocean View Blvd.

Another person reported various items stolen from an unlocked car on Junipero.

Take care of my stuff

Landlord's agent threatened to destroy evicted tenant's stuff even after everything was supposedly settled. The eviction required that she take care of it. Report was made for documentation.

One way to save on electricity

Someone opened the circuit breaker box and turned off the power at Robert Down School.

Not a friendly bartender?

Subject complained that a bartender was calling and threatening him, but the report was found to be unfounded.

Driving on a suspended license on Forest Ave. (female). Vehicle impounded.

Driving on a suspended license and an outstanding warrant as well. On 17 Mile Drive. Vehicle towed.

Half-dressed vandal

We hope it was just a case of needing a proof reader, but the report says that someone threw a rock through a window and when the victim ran outside, he saw a WMA wearing "a white T-shirt and nothing further." Oh my. Could the victim pick the bad guy out in a lineup? We wonder.

The case of the invisible mailbox

A mailbox was forcibly removed on Jewell Ave. (we assume it was forcible but no one actually saw it). Photos were taken of the vacant post. Not sure how that's going to help find it, but there you are. Or there it was. Or something.

Naughty vehicle

A vehicle on 20th St. displayed expired registration, was parked on a public street in violation of a PNO on file, and had a suspended registration due to lack of insurance. The vehicle was towed.

Another vehicle did the same darned thing on 15th Street and was towed also.

Darned if a third vehicle on Alder Street didn't do the same darned thing. It is assumed they are all repenting in the tow yard.

Serious stuff

A retired physician was arrested for attempting to obtain drugs fraudulently at Safeway Pharmacy.

A woman was arrested for stealing from her grandmother.

A parolee was found to have illegal narcotics in the car during a traffic stop. It amounted to eight charges. He is in deep trouble.

Someone used the victim's credit card to buy tickets from Ticket Master.

Matthew Pavellas DOB 08/01/76 was booked for DUI alcohol on Eardley Ave.

Jerome Peniamino DOB 06/16/71 was arrested for DUI on Foam St.

Monterey-Salinas Transit ADA Paratransit Rates effective April 25

Monterey-Salinas Transit (MST) is revising its ADA Paratransit Program (RIDES) fares in order to comply with federal requirements for setting paratransit fares. As of Monday, April 25, 2011, RIDES fares will be based on the length of the trip "as the crow flies":

Exact Fare Required	
One-way, 2.7 miles or less	\$2.00
One-way, more than 2.7 miles or less than 19.7 miles	\$4.00
One-way, more than 19.7 miles	\$6.00
On Sundays and holidays all RIDES ADA fares are discounted by 50%.	

Fares will be calculated at the time the reservation is made on the telephone, and customers will be informed at that time what the fare will be for that particular trip. MST's ADA Paratransit (RIDES) program is available to registered RIDES ADA passengers only.

For more information, visit www.mst.org or call Monterey-Salinas Transit toll free at 1-888-MST-BUS1.



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Two arrested in theft from vehicle

On Wed., April 27, a witness saw two white male adults force entry into a vehicle that was parked near Asilomar State Beach and take things from the vehicle.

One suspect, said the witness, drove away in a red compact car with a bicycle rack on the back. It had out-of-state license plates. The other suspect rode off on a bicycle. The suspect on the bicycle was described as wearing black shorts and a ponytail. The suspect vehicle and the suspect bicycle reportedly fled east on Sunset Blvd. Toward Lovers Point Park.

Several minutes later, officers observed a vehicle matching the suspect description in the downtown area of Pacific Grove and conducted a traffic stop on the vehicle. The driver and lone occupant of the vehicle was 25 year-old Gerald Frederick Ackerman of Sand City. The vehicle was a rental car and was six days overdue. Suspected stolen property and burglary tools were recovered from the vehicle and Ackerman was taken into custody for burglary and parole violation.

Officers continued to search for the second subject and about an hour after the original report noticed a male subject matching the description of the person who had fled on the bike. The suspect was identified as 27 year-old Charles Richard Weider of Marina. He was taken into custody and charged with burglary and parole violation.

Both suspects were transferred to Monterey County Jail where they remain in custody on aq no-bail parole hold.

Jon Guthrie

High Hats & Parasols

Dear Readers: Please bear in mind that historical articles such as "High Hats & Parasols" present our history — good and bad — in the language and terminology used at the time. The writings contained in "High Hats" are not our words. They are quoted from Pacific Grove/Monterey publications from 100 years in the past. Our journalistic predecessors held to the highest possible standards for their day, as do we at Cedar Street Times. Please also note that any items listed for sale in "High Hats" are "done deals," and while we would all love to see those prices again, people also worked for a dollar a day back then. Thanks for your understanding.

character, she compels success for herself, educates her child, and reforms her former husband who is then taken back.

This play, while serious, has some delightful comedic moments and splendidly-drawn characters. Miss Victorson, in the lead role, achieves her greatest success since playing the role of Tekla Muller in the play of the same name, for which she received unanimous praise. Her child, played by little Elizabeth Coulter, is without peer on the American stage. Will Blair, the husband, ably supports Miss Victorson.

The production can be seen at the Work Theater beginning Sunday. ⁱⁱⁱ

The News ... from 1911.

Falling tree proves deadly

Mr. S. Kubo, A Japanese wood chopper and tree specialist, was fatally injured during a work-accident when a heavy oak fell across his abdomen and crushed him.

The unfortunate laborer had been retained to saw off one of the tree's lower limbs which had been damaged during the recent storms. Suddenly, the trunk toppled without warning and caught the worker unaware, pinning him. Freedom for the injured man was finally accomplished by friends using pry bars and a team of horses. In response to a summons, Dr. T. C. Edwards went to the scene. The physician did all that was possible to assist the injured, but within four hours of the accident the man died.

An inquest will be held by Monterey County Coroner J. Pell. ⁱ

Lieutenant West freezes to death in Alaska

A local resident serving in the United States Army froze to death at an outpost not far from Nome, Alaska, this past week. West was attempting to cut a five-mile trail from a home to a village during one of the severest blizzards ever known there.

Mrs. Davenport, wife of a deputy United States Marshal, had asked West to cut the trail through the ice and snow to the village of Tis ou for her use. Friend West went to work. But when he failed to show up for quite a while, Davenport went out to see what was up. She found her benefactor lying on the ground, totally frozen. The distraught woman walked to the army camp to report that Lieutenant West had died. Enlisted men then volunteered to bring the body in.

Lieutenant West, stationed at the Presidio and serving with the Twenty-second Infantry, before being transferred to Alaska, was 33 years of age. He joined the army at the outbreak of hostilities with Spain. He had recently gained the rank of second lieutenant. West was known at the Presidio as one of its most popular officers, widely known around the Grove and Monterey. ⁱⁱ

"This Woman and This Man" coming

"This Woman and This Man", the most recent play to reach the Peninsula from New York, is coming to town with the original cast, scenery, and electrical effects. While the plot is original in every particular it is never-the-less reminiscent of the magnificent shows "Way Down East" and "York State Folks".

The story is of a young woman thrown upon her own resources by a philandering husband to battle with the world. She toils and struggles to support herself and a child. The child was her only benefit from that base husband. By sheer force of

Estabrook leaves for San Jose

The Grove's station master C. R. Estabrook has evidently been doing good work. The Southern Pacific's management recently chose to promote him to the position of district manager and head telegrapher. Estabrook, who will now be located in San Jose, has been employed by the Southern Pacific for twenty-four years and in charge of the Grove's operations for the past eight. Estabrook promises to return to the Grove for frequent visits.

Living pictures to accompany vaudeville

Friday and Saturday evenings present your only opportunity to see the new form of moving picture entertainment coupled to vaudeville at the Monterey Theater. This change will undoubtedly prove one of the best new entertainments ever. The headline act is Stanton and Beck, the widely-known talking and dancing comedians. The act is a new and novel one and has won considerable praise by both press and public. The Musical Mister White follows as a single act of rare ability featuring the vaudevillian playing multiple musical instruments in a most pleasing manner. The accompanying three reels of moving pictures will be the best ever to play here. There will be no vaudeville or flicks Sunday on account of the opening of the New York Theatre success, "This Woman and this Man".

Notes from around the area...

- Mother Goose plays at the Parish House this weekend. Don't miss this entertainment put on by children from St. Mary's Sunday school. Some exceedingly pretty pictures have been arranged to back scenes. Marjory Wright from the Presidio and Elizabeth Edwards from the Grove have charming solos. The performance begins promptly at 7:30 Saturday at the Parish House, and a matinee will be offered Sunday at 2:30. A donation of 10¢ is requested.
- Post cards touting the scenic beauties of the Grove are being released by Southern Pacific, according to Mr. James Harper, vice president of Pacific Grove's Board of Trade. Harper said that he hoped that Grovians would assist in the promotion by mailing cards to all their out-of-town friends.

And the bill amounts to ...

- Ladies' and gents' suits cleaned and pressed. Your work is called for and delivered in a prompt manner. Three items complete with both lower and upper wear and vest at just 90¢ at the New Grove Suit Cleaning and Dying Company. We're located at 301 Fountain in the Grove.
- Eggs for hatching are being sold on special for just 2¢ an egg or 22¢ by the dozen. Fertility guaranteed. See W. A. Gordes at Seventeenth and Gibson.

Author's Notes

- I The coroner's Jury convened by J. A. Pell called on the testimony of witnesses M. Walsch and L. Yamashitu before rendering a decision of "death by accident".
- II Tis ou occupies a sub-arctic region fraught with extremely lengthy and cold winters. Temperatures of 50° below zero *f.* are not abnormal. A soldier from California may not have known how to deal properly with such cold conditions. The area became the setting for the author's award-winning short story, The "Winter of Her Bones", first published by *Prime Time* magazine and republished several times.
- III The title of the play, "This Woman and This Man" was later borrowed as the title of a popular song by country-western singer Clay Walker.



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An advertisement for Richard Oh Winemaker and Otter Cove. The left side features the name "Richard Oh Winemaker" above a large, stylized "Oh" logo. The right side features the text "OTTER COVE" above an illustration of two otters. Below the illustration is the phone number "831-320-3050" and the website "www.ottercovewines.com" and email "Richard@ottercovewines.com".

Special fund set to receive kids' donations for PG

The Friends of the Pacific Grove Public Library (PGPL) announced the creation of the PG Kids' Library Fund at its April Board meeting. The fund will be used as a repository for funds raised by children in Pacific Grove and donated to the Friends to sustain the PGPL.

"In the last few years, as we've struggled to support the library," Judy Archibald, President of the Friends of the Library said, "the children of Pacific Grove have been magnificent. They've shown lots of initiative and imagination in raising money to support the library. The Friends wanted to acknowledge their contributions by creating a special fund."

"The library is a special place for these children," said Lisa Maddalena, head librarian at the PGPL. "They want the library to be open and are willing to work hard to support it." Children who have specifically taken action in the last year to support the library include the Marketeers, the children who play their instruments at the Monday Farmers Market, several children who have asked that donations to the library be made in lieu of birthday presents, child entrepreneurs who have sold lemonade to raise money to sustain the library, and the students of Forest Grove Middle School who held a "I Love My Library" fundraising event.

Maddalena announced at the Friends' April Board meeting that Interact, the high school service club, with assistance from library volunteers Frances and Gary Spradlin, raised \$1,300 at its book sale at Good Old Days. Interact plans to present the funds to the Friends for use in PGPL's new teen center.

Donor makes "Great Courses" available at the Pacific Grove Library

An anonymous donor has given four best selling courses from the Great Courses series of DVDs to the Pacific Grove Public Library. The Great Courses company has videotapes engaging lecturers from the Ivy League colleges, Stanford, etc. so the lectures can be accessible by life-long learners.

The courses acquired by the library include "Museum Masterpieces: the Louvre," by expert art critic and historian professor Richard Brettell; "What Are the Chances? Probability Made Clear," by award-winning Professor Michael Starbird; "My Favorite Universe," by world-famous astrophysicist and director of the Hayden Planetarium Neil deGrasse Tyson; and "A History of Hitler's Empire, 2nd Edition," by award-winning Ivy League Professor Thomas Childers.

Each subject is covered in twelve taped lectures presented on DVD and has a companion booklet outlining the lecturer's remarks.



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Legal Notices

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110768
The following person is doing business as Dog-E-Stylin, 725 19th St., Pacific Grove, Monterey County, CA. 93950; Kimberly Butz, 725 19th St., Pacific Grove, CA. 93950. This statement was filed with the Clerk of Monterey County on April 04, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 03/11/2011. Signed: Kimberly S. Butz This business is conducted by an individual. Publication dates: 04/15/11, 04/22/11, 04/29/11, 5/06/2011.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110567
The following person is doing business as Veridian Exchange and American Environmental & Agricultural, 472 Junipero Ave., Pacific Grove, Monterey County, CA. 93950; Max David Perelman, 472 Junipero Ave., Pacific Grove, CA. 93950. This statement was filed with the Clerk of Monterey County on March 11, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 01/01/2011. Signed: Max Perelman. This business is conducted by an individual. Publication dates: 03/25/11, 4/1/11, 4/08, 4/15/2011.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110966
The following person is doing business as SB Services, P.O.Box 1629, Gilroy, Santa Clara County, 95021; 206 Montclair Ln., Salinas, Monterey County, CA. 93905; Carolyn W. Davis, 206 Montclair Lane, Salinas, CA 93906. This statement was filed with the Clerk of Monterey County on April 27, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 04/01/2011. Signed: Carolyn W. Davis. This business is conducted by an individual. Publication dates: 04/29, 05/06, 05/13, 05/20/11.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110770
The following persons are doing business as Express Mart, 836 N. Main St., Salinas, Monterey County, CA 93906; Evan Yousif, 3270 Del Monte Blvd. #10, Marina, CA 93933. This statement was filed with the Clerk of Monterey County on April 4, 2011. Registrant commenced to transact business under the fictitious business name or names listed above on March, 2010. Signed: Evan Yousif. This business is conducted by an individual. Publication dates: 04/08, 04/15, 04/22/ 04/29/11

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110934
The following person is doing business as Flat Rate Carpet Cleaning, 13 Manzano Circle, Salinas, Monterey County, CA. 93905; Ernesto Garcia, 13 Manzano Circle, Salinas, CA. 93905. This statement was filed with the Clerk of Monterey County on April 25, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 04/15/2011. Signed: Ernesto Garcia. This business is conducted by an individual. Publication dates: 04/29, 05/06, 05/13, 05/20/11.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110817
The following person is doing business as Medusa's Emporium, 1219 Forest Avenue Suite E, Pacific Grove, Monterey County, CA. 93950; Sheree Flisakowski, 232 Grand Ave, Pacific Grove, CA. 93950. This statement was filed with the Clerk of Monterey County on April 08, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 4/8/11. Signed: Sheree Flisakowski. This business is conducted by an individual. Publication dates: 04/15/11, 04/22/11, 04/29/11, 5/06/2011.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110769
The following person is doing business as Mason Dixon & Co., 725 19th St., Pacific Grove, Monterey County, CA. 93950; John Ryan Sampson, 725 19th St., Pacific Grove, CA. 93950. This statement was filed with the Clerk of Monterey County on April 04, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on 03/11/2011. Signed: John Ryan Sampson. This business is conducted by an individual. Publication dates: 04/15/11, 04/22/11, 04/29/11, 5/06/2011.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110726
The following person is doing business as Stitch Custom Uniforms, 1249 Fremont Blvd. Suite C, Seaside, Monterey County, CA. 93955; Michael Panlilio, 188 Pine Canyon Rd., Salinas, CA. 93955. This statement was filed with the Clerk of Monterey County on March 29, 2011. Registrant commenced to transact business under the fictitious business name or name(s) listed above on N/A. Signed: Michael Panlilio. This business is conducted by an individual. Publication dates: 04/08/11, 04/15/11, 04/22/11, 4/29/2011.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20110686
The following persons are doing business as Baseline Consulting, 13720 Monte Bello, Castroville, Monterey County, CA 95012 and Baseline Company, 13720 Monte Bello, Castroville, Monterey County, CA 95012; Michael Sutter, 13720 Monte Bello, Castroville, CA 95012. This statement was filed with the Clerk of Monterey County on March 24, 2011. Registrant commenced to transact business under the fictitious business name or names listed above on n/a. Signed: Mike Sutter. This business is conducted by an individual. Publication dates: 04/08, 04/15, 04/22/ 04/29/11

FICTITIOUS BUSINESS NAME STATEMENT CORRECTED FILE NUMBER
File No. 2011527
The following person is doing business as Pro Service, Dolores & Fifth 3SE, Carmel, Monterey County, CA 93921; Armando T. Canales, 4088 Crest Rd., Pebble Beach, CA 93953. This statement was filed with the Clerk of Monterey County on March 7, 2011. Registrant commenced to transact business under the fictitious business name or names listed above on 01/11/07. Signed: Armando Canales. This business is conducted by an individual. Publication dates: 04/08, 4/15, 4/22, 4/29/11.

Sleepy Squeak

Christelle Harris

Squeak up!



Squeak went to Yosemite. She'll return next week.

Legal Notices

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: Petition of TERESA ELLEN WHITE Case No. M111639 Filed APRIL 13, 2011. To all interested persons: Petitioner TERESA ELLEN WHITE filed a petition with this court for a decree changing name as follows: present name TERESA ELLEN WHITE to proposed name TERRIE E. WHITE. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of hearing date: May 27, 2011 Time: 9:00 a.m. Dept. 15. The address of the court is: Superior Court of California, County of Monterey, 1200 Aguajito Rd., Monterey, CA 93940. A copy of this Order To Show Cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: CEDAR STREET TIMES. DATE: April 13, 2011
Judge of the Superior Court: Lydia M. Villareal. Publication dates: 4/22/11, 4/29/11, 5/6/11.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: Petition of DUSTIN RAY KELDSEN Case No. M111873 Filed APRIL 27, 2011. To all interested persons: Petitioner DUSTIN RAY KELDSEN filed a petition with this court for a decree changing name as follows: present name DUSTIN RAY KELDSEN to proposed name DUSTIN RAY NELSON. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of hearing date: JUNE 10, 2011 Time: 9:00 a.m. Dept. 14. The address of the court is: Superior Court of California, County of Monterey, 1200 Aguajito Rd., Monterey, CA 93940. A copy of this Order To Show Cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: CEDAR STREET TIMES. DATE: April 27, 2011
Judge of the Superior Court: KAY T. KINGSLEY. Publication dates: 4/29/11, 5/6/11, 5/13/11, 5/20/11.

Bookmark Music and Cedar Street Times recently co-sponsored an essay contest for musicians, who were asked to write about "What Music Means To Me."

From many outstanding entries, five were chosen as local prize winners and the top entry was submitted to the national level contest.

We're pleased to announce that our top prize winner became the national prize winner. Bill Minor of Pacific Grove was the winner of \$500 in the contest, and we are so proud. We knew he was a top musician, and now everyone knows that he's a top writer as well. Congratulations, Bill!

My Father Sings

By Bill Minor

I grew up in a household where music was second nature, always present, ingrained. My mother could sight read well and played not only classical pieces on the piano (Schumann, Liszt, Chopin) but show tunes—the full range of Gershwin, Cole Porter, Rogers and Hart, Irving Berlin, which she and I sang together. The most joyous musical occasion was on holidays. My Uncle Max Gail, who ran an orchestra agency in Detroit and was an excellent stride pianist, came out to the house, along with his brother Bill, who played fine alto sax and clarinet, Herbie the Drummer, and Max's beautiful wife, ex-Billy Rose Aqua-Queen Aunt Betty, along with their seven kids, all of whom played musical instruments and sang. We all took turns—as if we'd drawn numbers at Baskin-Robbins—performing.



My own musical efforts began at age twelve, with a homemade set of drums: the snare made of half a Quaker Oats box with tissue paper taped to the bottom and crossed by lines of thin wire. One cymbal was the lid from a Number Ten can of beans; the other, smaller, was from Campbell's Soup—Cream of Mushroom I believe. I made a set of wire brushes out of bristles I plucked from my mother's prize broom. On this crude, strictly homegrown kit, I accompanied Teddy Wilson recordings: Swish ta-da swish ta-da swish ta-da swish.

I enjoyed classical music, but I loved jazz. I would actually see and hear Art Tatum, Erroll Garner, and Charlie Parker, live, at the Masonic Auditorium in Detroit. I eventually switched from drums to piano, taking lessons from a Pontiac, Michigan DJ named Dean Yokum, who came to our house. He liked to drink and he would give my older brother a lesson for an hour, retire to the kitchen with my father for an hour's worth of Early Times, and when I got him for an hour he was ripe. But he was an excellent teacher and after a year, I could improvise. At age sixteen, I had my own band that played for dances and proms in southeastern Michigan.

Over the years that followed, I would play at various venues with names such as the 456 Club (Brooklyn), The Hook and Ladder and Main Street Station (Wisconsin), Cannery Row's Doc's Lab and the Carl Cherry Center for the Arts (California), Swing City and Ami's Bar: Scotch and Jazz (Japan). I played everything from folk rock to jazz to blues to country to bossa nova—and with groups with names like The Salty Dogs and Something Cool.

My early years had been home-grown and there's no place quite like home in which to make music. The event that best defines what music means to me took place when I returned home for my parents' sixtieth wedding anniversary. Because my plane was late arriving, my mother had stepped out to do some shopping and my father answered the door. He didn't know who I was. Following an aneurysm operation, his mind was failing, most of his memory shot. When I told him who I was (his son!), he smiled.

"Well, Dor will be sorry she missed you," he said.

"Dor" is my mother: short for Dorothy.

I told my father I'd hang around a little longer (in the house I'd grown up in) to see if Dor returned. He smiled, but no longer that famous smile that could charm the pants right off a snake. It was a genial, wistful smile now: puzzled but benign. I showed him photographs of my own children, now adults, but each time I turned a page he forgot what—or whom—he'd just seen. I said that I'd made them, just as he had made me. He nodded his head slowly, appraising the situation.

"First you made me, Dad; then I made them."

When my mother returned and, once we got caught up on recent events (beyond who had manufactured whom in the past), she excused herself to prepare dinner in the kitchen. My father has always enjoyed hearing me play the piano, so I slipped over to the spinet on which I'd learned and began to play "Long Ago and Far Away."

I do not recall my father singing during those sessions in the past when we all gathered around the piano, but he did show his rich appreciation by way of tap-dancing on smooth tiles in front of the fireplace, rendering his first-rate soft shoe: one leg drawn back, tentative, sweeping, the other teasing the carpet, then both legs sliding, smooth, caressing the marble, transforming that firm grid of tile to sandpaper while I played "Tea for Two." "Play the ditty, Son," he'd say, smiling in that way that everyone agreed was, like music itself, infectious.

Yet now, as I played, a miracle took place. This man, who seemed so lost to both time and even space outside his own home, began to sing. At first I thought I was imagining things. Yet I distinctly heard his voice, quavering, weak, but tender, vocalizing in time with the music: "Chills run up and down my spine, Aladdin's lamp is mine ..."

Chills did run up and down my spine and I nearly burst into tears: tears of sorrow, tears of joy, for the persistence of human memory, the indestructibility of human feeling. From what depths of being had he pulled out these words, from how many nights of song? What geologic layers had been shattered, like the miracle of that flower, the saxifrage which bursts through rock? I knew for whom he was singing.

It was not for the son he had once made (or helped make); it was for the woman in the kitchen preparing dinner with the percipience, poised prayer, compassion and inherent dignity she extends to nearly all that she does. For my mother, my father was singing, "Just one look and then I knew, that all I longed for long ago was you."

Banana Slugs to play at Water Awareness Day

The Banana Slug String Band, musicians and educators from the coastal redwoods of Northern California will headline the "Kids Zone" area of the 2nd Annual Water Awareness Day Celebration (WADC), Saturday, May 14 at Del Monte Shopping Center.

The Kids Zone will also feature MY Museum's interactive Wheelie Mobilee, sponsored by First 5 California and hands-on activities for all ages. Smiley Orca Artists will be on-site face-painting and creating hand-painted glitter tattoos. Clarence the Clown and the Water Awareness Committee's water drop mascot will stroll through Del Monte Shopping Center. The 2nd Annual Water Awareness Day Celebration will also include educational and vendor exhibits showing visitors how to be more water-wise in all aspects of our lives.

This year's live entertainment also includes the amazing Taiko drumming group, Shinsho - Mugen Daiko; 2010 Battle of the Blues Bands winner, The Bornia Boys; and local singer songwriter, Jim Koch. There will also be an opportunity to enter a Treasure Hunt with the winning prize being a brand new high-efficiency washing machine donated by California Water Service Company.

- Lisa Thomas

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Al Stewart and Peter White will reunite in benefit for heart institute at CHOMP

Legendary troubador and his former keyboardist/guitarist

A rare reunion concert to benefit Tyler Heart Institute at Community Hospital of the Monterey Peninsula is set for Saturday, May 7 at Sunset Center in Carmel. There will also be an exclusive VIP Dinner and Meet & Greet with singer-songwriter Al Stewart (“Year of the Cat”, “Time Passages”) and his former keyboard and guitar player, Peter White. The concert begins at 8:00 p.m.

This concert features a full band of spectacular performers hand-chosen by White, representing a reunion of good friends and former band mates who have not had the chance to play together for more than a decade. White was a key member of Stewart’s band for 19 years before pursuing his remarkable solo career in the smooth

jazz format.

“I can’t believe it’s been that long,” Stewart says. “I know it’s a cliché, but it seems like only yesterday we were touring and playing side by side. This will be an extraordinary evening for me and, I hope, everyone in the audience.”

“I am really looking forward to this,” adds White. “We will definitely have a great time being together again on stage.” The intimacy and acoustic excellence of the Sunset Center made it a natural choice for two artists dedicated to quality performances.

Concert Benefits Charity Organization

Proceeds from this event will benefit the Tyler Heart Institute at Community Hospital of the Monterey Peninsula, which provides a full range of cardiac care, from prevention to open-heart surgery. A portion of each ticket will be tax deductible.

VIP Ticket Packages, Dinner & Meet & Greet

This rare concert event offers a VIP Package, which includes an exclusive Meet & Greet, invitations to a private band rehearsal serving light refreshments, an exquisite pre-show sit-down dinner at Sunset Center, catered special by Grasings, serving the finest of sparkling wines by Ironhorse, passed hors d’oeuvres, two courses with Silvestri Chardonnay and Silvestri Pinot Noir, artisan cheeses, finishing off with a deluxe dessert buffet, fine coffees and teas. Guests will all receive complimentary photos with the artists, an autograph and luxury gift bag. VIP Tickets are \$500 each (\$280 tax deductible). Premium Seats, which include an invitation to rehearsal, are \$195 each (\$100 tax deductible).

Ticket Information

Ticket price is \$95 for seating (\$30 is tax deductible). Tickets are on sale now and available by phone at: 831.620.2048 or online at www.sunsetcenter.org.



Far left: Al Stewart, singer-songriter, is probably best known for his singles “Year of the Cat” snd “Time Passages.”

Near left: Peter White, who has since pursued a career in smooth jazz, was with Al Stewart’s band as guitarist and keyboard player.

On & Off



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The Easter disaster at Ft. Jameson

Never try a new recipe on the eve of an event

It's spring and lots of people are thinking about planting a garden, as I do, every year. This may be the year that I actually do it.

I'm seriously considering planting rhubarb. My grandparents had a rhubarb patch behind their house in Watsonville and I remember as a kid my grandmama's stewed rhubarb – I could eat it by the bowlful.

All over the Internet there are garden advice columns and forums, and I still haven't found a definitive answer: Will deer eat rhubarb or not? I'll let you know later this year. You'll know, too, if you drive down Cedar Street and see me building a fence.

Rhubarb leaves contain oxalic acid and are poisonous to humans so it's probably not a good idea to plant them if you have little kids. But the stems? Stew them up with some honey or brown sugar and eat them with a spoon, or make a cobbler or pie and you'll stick your nose up at raspberries. Well, maybe not.

Here's a recipe I found for skillet rhubarb upside down cake. Dirt simple, the way firehouse cooks like it. I have also been saving a recipe for crock pot marble cake, which we made for Easter. I thought these two odd little recipes would make a good column, so here they are.

Skillet Rhubarb Upside Down Cake

Ingredients

3 c. rhubarb cut into bite-sized pieces
¾ c. brown sugar
Yellow cake mix or your favorite cake recipe

Directions

Grease a 10-inch iron skillet or use a glass cake dish. You'll still need to put

Neil Jameson

The Retired Firehouse Cook



some oil in the glass dish.

Put the rhubarb along the bottom of the skillet or dish, and sprinkle the sugar over the rhubarb. You might also add about a quarter cup of chopped pecans or walnuts, evenly distributed.

Make up the cake mix or recipe and slowly pour the batter over the rhubarb so as not to mix it up. Put it all in the oven at 350 for an hour.

When it's done, cool for a few minutes and get a serving plate ready. Loosen the edges of the cake from the skillet with a knife. Put the plate over the skillet and turn it upside down so that the cake falls out onto the plate.

Now on to the crock pot marble cake:

Never try a new recipe out when you've invited company! Particularly if it's in the least complicated or strange, and most particularly do not attempt this recipe if Her Editorness lives at your house and/or wants to help out.

What should have been a simple cake turned into an ordeal at Ft. Jameson because Yours Truly did the Firehouse Cook thing and made assumptions, only reading the beginning of the recipe and the end and not the part in the middle that said "carefully follow these step-by-step instructions." Nor did he read the part about extra ingredients. We had to make it again because the first one was a colossal disaster. It (the second one) tasted good even if it was sort of ugly. We were in a

hurry to go to Easter Dinner so we didn't take pictures of the second one.

Also do not buy the Super Moist Chocolate Cake With The Little Chocolate Bits. The chocolate bits never will get solid even if you leave it in the crock pot all night because you can't figure out why it won't cook in the middle. Ahem.

Her Editorness tested the first cake with a knife. It was still liquid in the center. Not knowing it was liquid Little Chocolate Bits and not really cake, she touched the chocolate on the knife and found it warm but not really hot. So she opted to lick the knife, not knowing that the blade itself had gotten REALLY hot. She burned her lips and didn't speak to me for a few hours.

So here are the real directions. Be sure to read the part about the sour cream. That's the part I missed.

Marble Cake Crock Pot Cake

Ingredients

1 box chocolate cake mix
1 box white cake mix
vegetable oil (see cake mix box)
Non-stick cooking spray
¾ c. sour cream
6 large eggs
water

Directions

Put the chocolate cake mix in a bowl and add 1-1/4 cups of water, ¼ c. vegetable oil, 3 large eggs and 3 ounces (3/8 c.) sour cream. Whisk until smooth.

Put the white cake mix into another bowl, add 1-1/3 cups of water (yes, more water for the white mix), ¼ c. vegetable oil, 3 large eggs and 3 oz. (3/8 c.) sour cream. Whisk until smooth.

Spray the crock pot with the non-stick cooking spray and pour the chocolate cake mix into the crock pot. Then add the white cake mix. Using a thin knife, swirl it together to make it look like marble.

Cook on high for four hours or low for 6-8 hours. Leave it to bake until the cake is moist and spongy.

Turn the crock pot off and let the cake sit for 45 minutes to an hour, to let it cool and settle. Turn it out onto a plate when it's cool. Frost if desired.

Be sure to send Her Editorness to the other room for the duration. You might also have to go to the store and buy a couple more cake mixes and try it again because you forgot the sour cream.

Nothing else matters when you are hungry
Local man bikes for food for the hungry

By Steve Prodes

In the beginning there was this idea to ride my bike 50 miles down Highway 1 from Rosaraito to Ensenada in an annual ride. Now I have to tell you that ideas come easy for me; a blessing and a curse depending on the way the wind is blowing.

Back to the story . . . the idea was to ride and attach the event to a cause. To me, it's all about the kids. What can I do to help kids in Monterey County? In the past I've had the privilege to help promote CASA, Kinship Center, Monterey County Foster and Adoption Agency, Child Support Services, Dorothy's Kitchen, Food Bank for Monterey County . . . the list goes on and on.

The reason I picked the Food Bank for Monterey County was an easy one. Kids don't have a chance at being successful if they don't have food. In this economy, there are more working families who are having trouble making ends meet. On the other end, there are more seniors in our county making decisions to either buy food or pay their electric bill. These people are not strangers; they are our friends, neighbors and family members. They live in all areas of the county and there is no area that has not been effected by this economic turn down.

There was a time not that long ago when our Mom's voice would ring, "Be home when the street lights come on" and "Eat all of your dinner and don't be wasteful, there are kids who don't have what you have".

Unfortunately, I can't do anything about one of these statements, for the other I'm asking you to pledge generously for every mile I ride to help the Food Bank for Monterey County help kids and their families. 100% of your donation stays here in Monterey County.

Please bookmark my website when you visit, send it to everyone on your email list and view the videos all the way to the end of the race . . . and give what you can.

Contact Steve@willrideforfood.org. His website and blog are at www.willrideforfood.org.



Left: Pouring the chocolate cake mix into the white mix.



Left, below: Stirring the mixes with a knife to give it the delicate marble effect that didn't work.

Below: The futility of the entire exercise after leaving it in the crock pot all night and realizing I should not have used a cake mix with ducky chocolate bits in it, which never got solid. We will have a lesson in vermicomposting next week.



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Sanctuary Council supports bans on plastic bags

The Monterey Bay National Marine Sanctuary's (MBNMS) Sanctuary Advisory Council (SAC) last week unanimously approved a resolution to support citywide, countywide, statewide, and even national bans on single-use plastic bags to decrease the threats that plastic bags pose for marine species and ocean habitats. This historic resolution marks the first such statement by a Sanctuary Advisory Council in the nation, with members representing business, recreation, fishing, tourism, agriculture, scientists, and conservation interests.

Says Dr. Geoff Shester of Oceana, the conservation representative on the SAC who authored the resolution, "Unanimous approval of this Resolution from such a broad group of stakeholders sends a strong message to decision-makers and legislators that plastic bags are a serious and preventable form of ocean pollution. Clearly, reusable bags are readily available and economically viable, so the time is now for our state legislators and regional leaders around the Sanctuary to take action."

"Many marine animals are susceptible to impacts from litter and other types of pollution, and several organizations have documented the negative effects that ocean pollution can wield upon our marine environment. I commend the Sanctuary Advisory Council's Resolution to support bans on single-use plastic bags. I appreciate everyone's support in taking this step to improve the health our oceans, and to protect the waters of the Monterey Bay National Marine Sanctuary," says Paul Michel, Superintendent of the Monterey Bay National Marine Sanctuary.

The Resolution recognizes that plastic bags threaten a variety of marine life

including whales, sea otters, pinnipeds, sea turtles, and sea birds through ingestion, choking, infection and/or entanglement. Of particular concern are the endangered Pacific leatherback sea turtle populations that migrate across the Pacific Ocean from Indonesia to feed and mistake plastic bags for jellyfish, their primary food source in the Monterey Bay National Marine Sanctuary.

Lauren Gilligan of Save Our Shores, who sits on the SAC as an alternate to the conservation seat, says, "Save Our Shores has removed over 26,000 plastic bags during beach and river cleanups since the summer of 2007, and has been working on local bans on single-use plastic bags for years now. With the SAC's Resolution on our side, support from the community will only continue to grow, and that's what we need to get these bag bans adopted."

The Central Coast Sanctuary Alliance (CCSA), recently founded by Save Our Shores, is increasing support for local bans on single-use plastic bags around the Sanctuary through advocacy, outreach, and gathering petition signatures. The CCSA is made up of over 40 organizations and business, including SOS and Oceana, and is asking local businesses to get behind this issue by signing on as a Supporting Business or Supporting Member.

The Resolution also supports the efforts of local businesses to transition away from single-use plastic bags, as well as any efforts to remove plastic bag litter from the shores, rivers, and waters of the MBNMS. The full resolution can be found at <http://montereybay.noaa.gov/sac/sacact.html>.



Worship Directory
Pacific Grove

Central Presbyterian Church of Pacific Grove
325 Central Avenue, 831-375-7207

Chabad of Monterey
2707 David Avenue, Pacific Grove, 831-643-2770

Christian Church Disciples of Christ of Pacific Grove
442 Central Avenue, 831-372-0363

Church of Christ
176 Central Avenue, 831-375-3741

Community Baptist Church
Monterey & Pine Avenues, 831-375-4311

First Baptist Church of Pacific Grove
246 Laurel Avenue, 831-373-0741

First Church of God
1023 David Avenue, 831-372-5005

First United Methodist Church of Pacific Grove
915 Sunset @ 17-Mile Dr., Pacific Grove - (831) 372-5875
Worship: Sundays @ 10:00 a.m.

Jehovah's Witnesses of Pacific Grove
1100 Sunset Drive, 831-375-2138

Lighthouse Fellowship of Pacific Grove
804 Redwood Lane, 831-333-0636

Mayflower Presbyterian Church
141 14th Street, 831-373-4705

Pacific Coast Church
522 Central Avenue, 831-372-1942

Peninsula Christian Center
520 Pine Avenue, 831-373-0431

Peninsula Baptist Church
1116 Funston Avenue, 831-647

St. Angela Merici Catholic Church
146 8th Street, 831-655-4160

St. Mary's-by-the-Sea Episcopal Church
Central Avenue & 12th Street, 831-373-4441

Seventh-Day Adventist Church of the Monterey Peninsula
375 Lighthouse Avenue, 831-372-7818

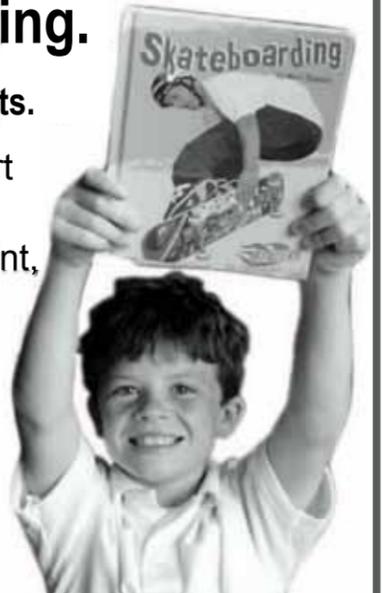
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Events and more

Up and Coming

Tiny Treasures donations sought

Would you like to help support the PG Art Center with a beautiful miniature work of art? Tiny Treasures is one of our major fundraisers. The income it generates will help us to continue to serve the community in our small way.

Donations of artwork should be no larger than 7"x9" including frame, and not exceed 7" in depth. Each piece must be ready to hang on a wall, with hooks or wires already attached. The office will be staffed Wednesday through Saturday from 12-5 p.m. and Sunday from 1-4 p.m. to receive donations.

Deadline for Donations - May 20

Opening Reception - June 3, 7-9 p.m.

Drawing for Artwork - July 13

Every miniature will be displayed with a box in which patrons may deposit tickets to be drawn at the close of the show. On Wednesday evening, July 13, one ticket will be drawn from each box, and the holder of that ticket will win the art piece.

PG Art Center to sponsor Plein Air workshop with Robert Lewis

The Pacific Grove Art Center is sponsoring a four-day outdoor painting workshop called "Plein Air Boot Camp". The workshop will be led by local artist Robert Lewis, former owner of the Pacific Grove gallery called Le Beau Soleil Gallery.

The painting workshop will take place in locations around on and around the Monterey Peninsula, Pacific Grove, and the Big Sur Coast. This intensive workshop, which immediately precedes the Carmel Art Festival, will, as Lewis says "...get you out of your rut and out in the world coping with any painting situation that comes along." The workshop will be presented May 7, 8, 9 and 10, 2011. There is a three-day option available as well.

To attend this 4-day boot camp an artist should already have some experience painting outdoors, on location, in oils. Lewis is not teaching acrylic or watercolor. Oils only, even if you've never done oils.

Robert Lewis maintains a painting studio in the Pacific Grove Art Center and his work and details about this workshop, including online sign-up, can be found at www.robertlewisart.com. The Pacific Grove Art Center invites you to join Robert Lewis in his "Plein Air Boot Camp" workshop, May 7, 8, 9 and 10, 2011. Sign up online at <http://www.robertlewisart.com/workshops/plein-air-boot-camp/>

Loving Sean . . .

An Evening at the Beach Club

Raising Awareness of Brain Cancer

A benefit to support Sean Muhl, a twenty-five year old Pacific Grove High School alumni battling brain cancer, will be held on Sunday, May 15th from 6:00-9:00pm at the Pebble Beach Beach and Tennis Club. The event hosted by friends of Sean Muhl and the Pebble Beach Company, hopes to raise awareness of brain cancer in our community. Tickets are \$30 for adults 22 and older and \$15.00 for ages 15-21. Children 14 and under are free. The public is welcome.

This benefit will feature both silent and live auctions with entertainment provided by Pacific Grove High School students. Refreshments will be prepared and served by both the Beach Club and the Pacific Grove High School culinary teams, and work by Pacific Grove High School art and photography students will be for sale at auction. All the proceeds from this benefit will help Sean, whose father taught art at Pacific Grove High School for thirty-three years, and his family pay Sean's medical bills.

Monetary donations to the family may be made payable to the Sean Muhl Foundation and dropped off at the First National Bank of Monterey or sent to Pacific Grove High School, Attention Felicia Afifi, 615 Sunset Drive, Pacific Grove, California 93950. For more information call Felicia Afifi at 831-277-9928 or go online to www.pghs.org/sean.

Watercolor class presents show at Sally Griffin Center

Pacific Grove Art Center's Wednesday Watercolor Class is exhibiting via the Central Coast Art Association at the Sally Griffin Center. The show, "Spring Collage," runs from May 6 through July 1 with a reception on May 13 from 6-8:00 p.m. Meet artists Lisa Reed, Lyn Burghall, Rene Flippo, Julie Heilman and Sandy Lake and see their watercolor and acrylic work inspired by their weekly Wednesday classes.

Classes at the PG Art Center

Watercolor Class with Jane Flury ongoing, 6-9p.m. Tuesdays at the Pacific Grove Art Center, 568 Lighthouse Ave., Pacific Grove. This is an overview class using the limited palette method and includes the basics to experimental. Class works from still life on towards a model. Beginners welcome. Six week session \$90.. For more information call 402-5367 or e-mail: artnants@aol.com

Beginning Watercolor Class with Jane Flury 9a.m.-12p.m. Thursdays at Vista Lobos, Carmel. This is an overview class using the limited palette method and will cover the basics of watercolor. Class will work from still life. Beginners welcome. 10 week session \$50. Next session starts June 23, 2011. Pre-register through Carmel Adult School 624-1714

Outdoor Painting with Jane Flury- ongoing, 10a.m.-1p.m. Saturdays. Class meets at various locations around the Monterey Peninsula. All media and skill levels welcome. Lots of instruction available. \$20 drop-in fee. For more information or location schedule call 402-5367 or e-mail: artnants@aol.com

Drawing Class with Jane Flury 6-8p.m. Thursdays at the Pacific Grove Art Center, 568 Lighthouse Ave., Pacific Grove. Class will learn the basics of perspective, shadow and line. Beginners welcome. Four week session \$75. Next session starts April 21. Information call 402-5367 or e-mail: artnants@aol.com

SpringFest set for May 7 and 8

Pacific Repertory Theatre, the only professional theatre on the Monterey Peninsula, will hold its annual Monterey Bay SpringFest Arts and Crafts Faire on May 7 and 8 from 9 a.m. to 5 p.m.

The finest of artisans and crafters will be in Monterey Historic Parks Custom House Plaza displaying the best of juried handmade wares for all to see and buy. Admission is free to explore and delight over the works of juried artisans.

All original works from paintings, jewelry, sculpture, and ceramics, with international foods, as well as entertaining music by crowd favorites The Troubadours and Jim Fucello will be there to enjoy. Proceeds from SpringFest 2011 will benefit PacRep Theatre in Carmel-by-the-Sea. For more information, call 831 622 0700 x106 or visit their website at www.pacrep.org.

Forbidden Broadway running through May 1 at Golden Bough Theatre

PacRep's professional theatre season begins on the main stage of the Golden Bough Theatre with New York's longest-running musical comedy revue, Gerard Alessandrini's legendary *Forbidden Broadway*. The fast-paced musical comedy revue has been labeled "the funniest show in New York" (New Yorker Magazine) and is a favorite of all Broadway lovers. *Forbidden Broadway* sharply spoofs show tunes, characters and plots of the most famous Broadway musicals. "And even if you've never been within 1,000 miles of Broadway, you'll still love this amazingly funny musical, which will have you rolling in the aisles," said a spokesperson.

Under the direction of PacRep Founder and Executive Director Stephen Moorer and guest choreographer Katie O'Bryon, *Forbidden Broadway* features regional favorites Reg Huston, Gracie Moore Poletti, D. Scott McQuiston and guest Equity artist, Lydia Lyons, as they spoof over 50 different characters from 18 Broadway musicals, including lampoons of Carol Channing, Harvey Fierstein, Liza Minnelli, Chita Rivera, Bebe Neuwirth, and John Travolta, among many others.

Forbidden Broadway evening performances continue Thurs. through Sat. nights, at 7:30 p.m., through April 30, with Sunday matinees at 2:00 p.m., April 17 - May 1. Performances are at the Golden Bough Theatre of the Golden Bough Playhouse, located on Monte Verde Street between 8th and 9th Avenues, Carmel-by-the-Sea.

MPC Dance Department presents Spring Dance Concert

MPC's Dance Department presents its annual spring dance concert Fri. and Sat., April 29 and 30 at 8:00 p.m. on the MPC Main Stage Theatre. This year's show features the works of a talented group of local choreographers, MPC Faculty and college dance students. The show presents an eclectic variety of dance styles ranging from ballet, contemporary, tap, hip-hop, jazz, flamenco, ballroom and belly dancing. In this semester's show, MPC students have the chance to choreograph on other students as well as creating their own solo dance works.

MPC faculty members Jacquie Boomer-Adams, Janet Butler, Alicia Di Palma, Deanna Ross, Jamaica Sinclair and Pam Keindl have choreographed new works on their students. New guest choreographer, Sammy Ramirez, has choreographed a hip-hop dance piece and several MPC dance students have created new and diverse dance works for the program.

The twice-a-year dance show provides local MPC dance performers and choreographers the use of MPC's main stage theater with its full lighting and sound capabilities. For at least the next two years, the theater will be unavailable due to a scheduled remodel.

Tickets are \$10 general, \$8 for students and seniors. Tickets are available at the door only at the night of the performances.

For additional information call 831-646-4220 or 645-1355.

The Arts

Now Showing

Where art and science converge Illustration students exhibit at Natural History Museum

If you've ever wondered about the artwork that illustrates science textbooks, field guides, and interpretive signs in parks and nature preserves, you'll have the opportunity to learn about it when an exhibit opens next month in Pacific Grove.

Illustrating Nature, the second annual exhibit of work by students in the CSU Monterey Bay Science Illustration Program, will be on display at the Pacific Grove Museum of Natural History May 7 through June 4.

The public is invited to an opening reception from 5 to 7 p.m. May 6 at the museum, located at 165 Forest Ave.

The 63 artworks and sketchbooks in the exhibit depict everything from Costa Rican poison dart frogs and a gravel ghost wildflower to Neanderthal jewelry production in great detail using media including pen and ink, scratchboard, colored pencil, watercolor, gouache, acrylic and digital media.

It's only one example of the partnership between CSU Monterey Bay and the museum.

"The museum has thoroughly benefited from partnering with CSUMB," said museum director Lori Mannel. "We work with the university's Serving Learning Institute, have interns working with us and support student capstone projects. Science Illustration graduates also teach the museum's Drawing from the Collection classes open to the public."

In 2009, the Science Illustration program relocated from UC Santa Cruz Extension to CSUMB. One of the most prestigious programs of its kind in the nation, it prepares students who are sought after by scientific institutions and publications around the world. Graduates are working at the Smithsonian Institution; New York's American Museum of Natural History; the Los Angeles Museum of Natural History; the Monterey Bay Aquarium; and National Geographic, Scientific American and Nature magazines.

"We're excited to continue a tradition of partnership with a local natural history museum," said Ann Caudle, program director. "After a rewarding 20-year relationship

with the museum in Santa Cruz, we are happy to be collaborating with the Pacific Grove Museum of Natural History."



Three workshops will be held during the run of the exhibit:

May 14, 11 a.m.-2 p.m. – Demonstration of illustration techniques by students whose work is featured in the exhibit. Free .

May 15, 1-4 p.m. – Drawing Natural Objects on Toned Paper, for ages 15 and over, instructor Erin Hunter. \$25.

May 29, 11 a.m.-4 p.m. – Natural Science Illustration, for ages 10 to 14, instructor Christine Elder. \$55.

Museum hours are 10 a.m.-5 p.m., Tuesday through Sunday. Admission is free. More information is available online at www.pgmuseum.org and <http://scienceillustration.org>.

- Joan Weiner

Exhibits at Pacific Grove Art Center

Through May 26th, 2011

"Out of Our Minds: Creativity From the Central Coast."
The Central Coast Art Association's 64th Semi-annual Juried Show.

"Evocative Images," Abstract Acrylics by Charles Pifer
His playful abstractions are complex with creative desire and deep with life experience.

"Memory Palace," Collage and Assemblage by Marianne Lettieri
Marianne uses vintage objects – architectural elements, documents, furniture – to tell her visual stories.

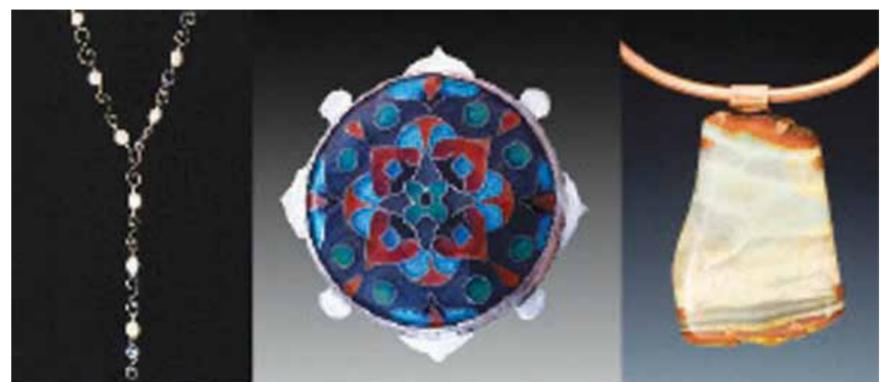
"Vistas and Valleys en plein air," Oil paintings by Laura Williams.
Laura's passion with the magic of mountains, streams, oceans and trees shows in her serene paintings.

Upcoming Events

May 6, Friday, 8 p.m. Mike Beck and the Bohemian Saints.

May 21, Saturday, 8 p.m. Rollin' and Tumblin' Blues Review with John "Broadway" Tucker.

Both fundraising concerts at the PG Art Center. Tickets are \$10 at the door. All ages. Beer and wine will be served to those over 21.



Monterey Peninsula College
**Mother's Day
Jewelry Sale**
May 3, 4 & 5 9am to 7pm



At Your SERVICE

Art Classes, Painting-Collage
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You'll love it! Carmel 831 333-6377

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The Arts

Now Showing

Stevenson School Performing Arts presents



William Shakespeare's
Twelfth Night

Dates & Times (one weekend only)

Thursday, April 28, 2011 at 7:30 p.m.
Friday, April 29 at 7:30 p.m.
Saturday, April 30 at 7:30 p.m.
Sunday, May 1 at 2:00 p.m.

Tickets

General Admission: \$12
Students, Seniors, and Military: \$6
Purchase tickets online at:
www.stevensonsschool.org/boxoffice
or call the Box Office and Information Line
831-625-8389

Location

Keck Auditorium Stevenson School - Pebble Beach Campus
3152 Forest Lake Road, Pebble Beach

D2 Productions : David Liskin & Dan Parker present

Al Stewart & Peter White

A RARE MUSICAL REUNION
WITH A FULL BAND OF STELLAR MUSICIANS

May 7th . 8pm
Sunset Center
Carmel . CA

TICKETS AVAILABLE
SunsetCenter.org | 831.620.2048 | San Carlos Street at 9th Avenue

PROCEEDS TO BENEFIT
TYLER HEART INSTITUTE
Community Hospital of the Monterey Peninsula

MPC Mother's Day Jewelry Sale to benefit campus arts

Dates: May 3, 4 & 5
From 9 AM – 7 PM
Location: Monterey Peninsula College Student Center



Looking for a wonderful Mother's Day gift at a reasonable price? You'll find treasures to wear and share at the 14th annual Mother's Day Jewelry Sale May 3, 4, 5 at Monterey Peninsula College. Presented by the Metal Arts Club along with the Print Club and Ceramics Mud People, you'll find a wide array of high quality handmade unique jewelry, one-of-a-kind ceramics and fine art prints by artists who have studied in the MPC Art Department. All sales support local artists and help purchase tools and equipment for MPC's Fine Arts Studios. Follow signs posted on campus to the Student Center.

Sale hours are 9:00 a.m. to 7:00 p.m. Tuesday, Wednesday and Thursday.

Admission is free, parking requires 4 quarters.

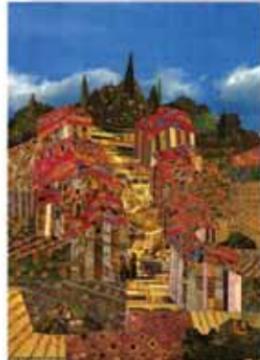
Final show at MPC's Studio Theatre

MPC will begin a renovation of its Studio Theatre following the presentation of *Pixies, Kings and Magial Things* May 5-22.

MPC Storybook Theatre presents *Pixies, Kings and Magical Things*, featuring *The Emperor's New Clothes* and *The Ugly Duckling*, directed by Carey Crockett, 7:00 p.m. Fri., 3:00 p.m. & 7:00 p.m. Sat., and 3:00PM Sun., May 5- 22, in the Studio Theatre at Monterey Peninsula College, 980 Fremont Street, Monterey, CA 93940. Tickets \$9-\$15 831-646-4213 or www.mpctheatre.com

Join us for a self-guided behind the scenes glimpse into the Pacific Grove art world

Saturday April 30th • 12-5 PM



ART AT HOME



For more information call 659-5528, 375-9922.

Tickets \$45 • May be purchased at the YAC Studio at 472 Calle Principal, Monterey or online at www.yacstudios.org/artathome • Group discounts available

Come for refreshments at the Youth Art Collective Gallery and see what we are all about!

This event is a benefit for the Youth Art Collective

Chef Lupe pairs wild salmon with Otter Cove Pinot Noir

Richard Oh

Oh, have a taste!

I had the privilege of tasting Chef Lupe's creations of Monterey Cookhouse. Great food, nice wine list, and atmosphere make up this amazing restaurant. The Chef did a pairing with the Otter Cove Pinot Noir: A wild salmon with fresh vegetables and wild rice with roasted lemon. Roasting the lemon takes some of the acidity out so you can enjoy the flavors of the wine and the meal.

Chef Lupe started off at Casanova's in Carmel as a dishwasher and worked his way to prep cook. He then went to work at Forge in the Forest as a cook. Lupe had learned a lot from these restaurants as well from his brother.

However, he didn't see the whole culinary vision until he went to Roy's at Spanish Bay, Pebble Beach. Here he learned from the best chefs; even Roy Yamaguchi himself. This is where he saw the whole picture of culinary delights. Now he cooks Asian Fusion to California and American Cuisine mixed with Italian.

It's great that Monterey Cookhouse allows him to be creative and bring out amazing dishes for all of us to enjoy. The slowed cooked brisket and the ribs are to be savored. They are cooked for nine to eleven hours. This forms a nice crust on the outside with plenty of juice on the inside.

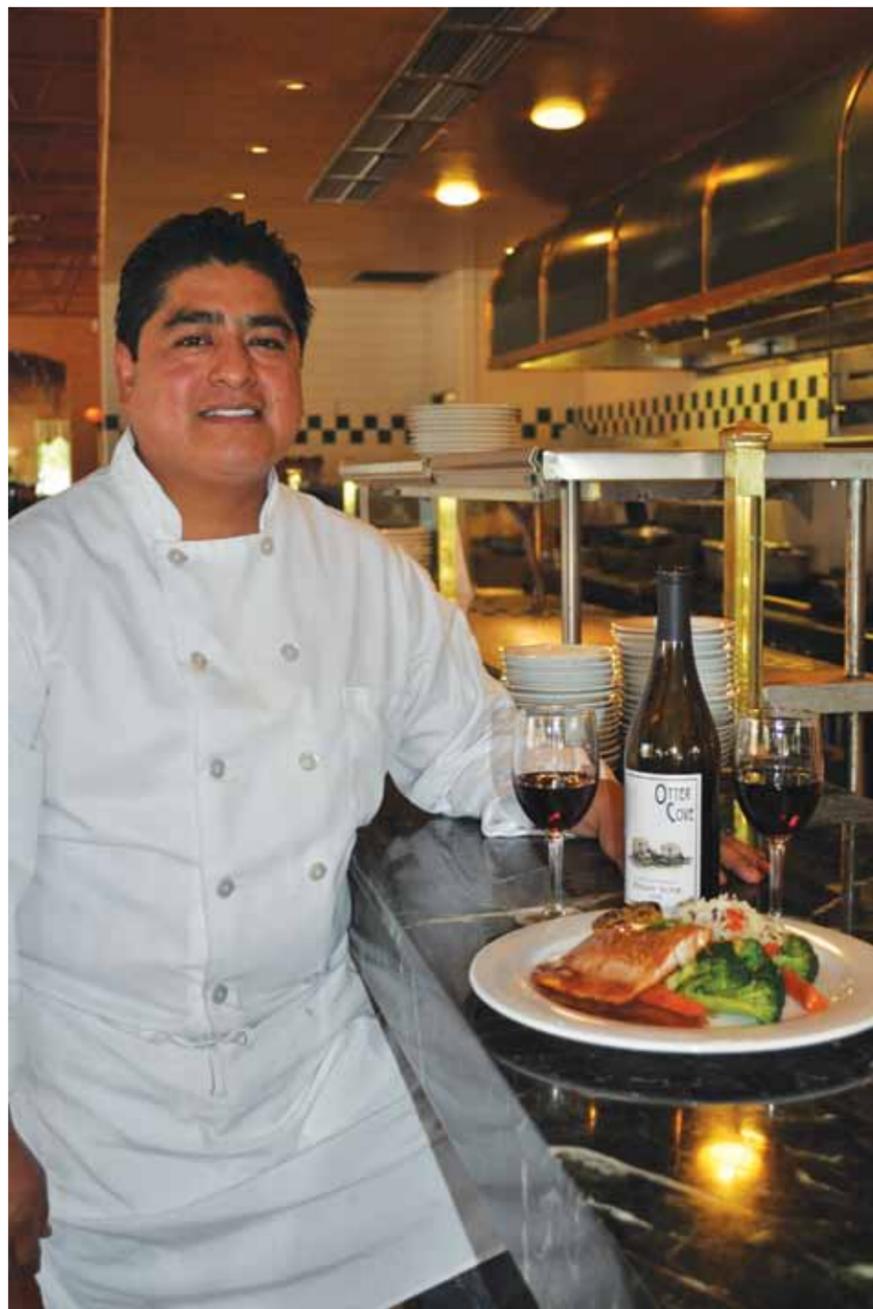
He enjoys how people react to his cooking. The open kitchen at the restaurant

allows him to interact with the guests. From the brick-oven pizzas to the wild salmon to the desserts to the homemade pizza dough and sauce and homemade dressings... this is a place to enjoy food and wine. Chef Lupe, Bill Susall (Manager) and owners Linda Cantrell and Cami Agir all take pride in providing a great dining experience. Enjoy his recipe for the wild salmon paired with Otter Cove Pinot Noir. If you have any suggestions and questions, please email me: Richard@ottercovevines.com. Cheers!

Salmon with red wine sauce

1 cup chicken stock
 ½ cup red wine
 salt and pepper to taste
 1 Tbsp grated fresh ginger
 1 Tbsp fresh minced garlic
 4 6 oz boneless, skinless salmon fillets
 olive oil

In a sauce pan combine the stock, red wine, ginger, and garlic over medium heat. Bring to boil then simmer until reduced by half. Approximately 8-10 minutes. Brush the salmon with olive oil and sprinkle salt and pepper. Preheat the pan on medium. Place salmon in pan and turning once until it looks opaque. Salmon can be served medium rare to medium rather than well done. Pour the sauce over cooked salmon and serve. You can add fresh vegetables to your liking, rice or potatoes to the dish.



Chef Lupe of Monterey Cookhouse

FIRST FRIDAY PG



May 6!

Everywhere you look, lights beckon and hallways and doorways draw you in.

Many merchants, galleries and businesses will be open May 6 until at least 8 PM

Events Downtown May 6

Illustrating Nature

Exhibit of work by students in the CSUMB Science Illustration Program
 Pacific Grove Museum of Natural History
 165 Forest Ave.

Opening reception from 5 to 7 p.m.
 at the museum

Mike Beck and the Bohemian Saints in Concert

PG Art Center, 568 Lighthouse
 8 PM • Tickets \$10



Wherever you see a green flag, there will be a welcome light on and maybe free refreshments or entertainment. Or both!

New this month:

Moranda Minds computer services
 311 Forest Ave.

Barry Marshall, Coastal Impressions
 213 Grand Avenue

PG Specialty Coffee
 Next to Goodies & across from the Lighthouse
 Cinema on Lighthouse

Join us!

The Arts

Now Showing

Youth Arts Collective Artists' Studio Tour

Seven leading Pacific Grove artists are opening their studios for a behind-the-scenes glimpse into their work and creative process on Saturday, April 30, from 12 noon to 5 p.m. to support the creativity of burgeoning young artists in our community.

The self-guided tour, co-sponsored by KUSP, will benefit Youth Arts Collective (YAC), a non-profit after-school studio where talented Monterey County young people ages 14-22 are provided the resources they need to express themselves creatively. The youth receive instruction and mentoring from YAC founding directors Meg Biddle and Marcia Perry, who are artists themselves.

Refreshments and an exhibit of recent work of YAC members will be offered at the YAC Studio and gallery, 472 Calle Principal, in Monterey as part of the tour.

Participating artists are Peggy Alonas, ceramics; Marilee Childs, acrylic painting; Ray Magsalay, found-object sculpture; Howard Perkins, landscape oil painting; Marybeth Rinehart, collage; Amanda Salm, textile sculpture, and Donna Schaffer, marine life painting.

This intimate opportunity to experience first-hand what goes into the creation of works of art by prominent Pacific Grove artists is part of the Art at Home series that also includes dinners and other events at the homes of Monterey County artists and collectors.

For further information about the tour call 659-5528, 375-9922. Tickets may be purchased at the YAC studio at 472 Calle Principal, Monterey, or online at www.yacstudios.org/artathome.

Information on the Artists

Peggy Alonas

In ceramist Peggy Alonas' deft hands, clay becomes the means to express a deep sensitivity and appreciation for the natural world. Alonas, who trained in painting and drawing at the University of Illinois and Illinois State University, sketches sensitive renderings of botanical subjects, horses, figures and other imagery onto the surface of the clay so that the pieces — whether functional or sculptural — have a delicate painterly quality reminiscent of watercolors.

A member of the Peninsula Potters in Pacific Grove since 1977, she has been teaching ceramics at Monterey Peninsula College for the past six years. Her work may be viewed online at www.alonasceramics.com

Marilee Childs

The deeper realms of the natural, the imagined and the sacred are plumbed with acute perception in the vibrant acrylic paintings of poet-artist Marilee Childs.

Childs' work, which she describes as "alchemical," has the capacity to shake viewers out of their doldrums and experience a transcendent sense of wonder, intimacy and interconnection. Her paintings of the natural world display a reverence, clarity and luminosity that transform the ordinary into the sublime. She also paints enchanting mystical dreamscapes that explore spiritual dimensions, interweaving mythical figures, imagery from nature and light streams emanating from multiple sources and directions. Her work can be viewed on her website at www.marileechilds.com.



Ray Magsalay

One man's junk is another's artistic inspiration.

So it is in the case of Ray Magsalay, whose fantasmagoric assemblages are fashioned out of society's flotsam. "My process is that I'm always looking for things," he says.

"I just take stuff out of the trash and make something out of it."

His studio and back yard are filled to the brim with his creations, which in their very complexity and originality are virtually impossible to categorize. "I incorporate everything," he says, "I'm probably traveling on about seven or eight cultures. [My work derives] from seeing different things and having things in the contemporary world available."

Magsalay is also a bonsai specialist, and numerous examples of this living horticultural art form will also be on display on the tour.

Howard R. Perkins

Howard Perkins has segued from a career as an architect to follow his other lifelong passion: painting. His clear, vibrant landscapes, usually rendered in oil, reflect both a formal fine-art education and his years of experience in his chosen field of architecture. "Having a background of visualizing three-dimensional space works together with my training as an artist. I know when to be precise and when to be abstract and how to create distance and scale," he says. Perkins frequently paints the rocky Central Coast shoreline, capturing with deft brushwork and uncommon clarity, the light, movement and intense colors of sky, land and sea.

Marybeth Rinehart

Marybeth Rinehart quite literally turns recycling into an art form. She takes images from old books, maps, calendars and other media and combines them with watercolors, inks and specialized papers from around the world to create arresting collages that invite the viewer to stop and be drawn into the complex and mysterious realms she creates.

Her collages offer glimpses into magical worlds filled with mythological references that transcend boundaries of time and space.

The act of combining pieces is not only the process but conveys the work's deeper meaning. "All of our relationships — to each other, to our bodies, to the world — can lead us to the discovery of where life itself wants us to go. Feeling that unfolding and finding balance within is the focus of my work," says Rinehart. View her work at www.marybethrinehart.com

Amanda Salm

Using the ancient techniques of basketry and the unlikely medium of horsehair wrapped around nylon cords, Amanda Salm creates curvaceous, richly hued soft sculpture that is as original as it is appealing. The vessel-like creations almost seem capable of movement, a sense contributed by the undulating linear patterning of the coils, the curve and flow of the tactile organic shapes, and the melding in and out of color.

The deep, earthy tones she employs come from plant and insect sources, many of which Salm has cultivated herself. The shapes and designs are derived from nature, particularly rocks, skins, scales and wings of various animals.

She has alternated between two-dimensional work, printing, painting and dyeing fabric, and three-dimensional constructions, including clothing.

"Although I think of myself as a minimalist in several aspects, I try to keep my work inventive and not rely on the simplicity of repeated pattern or symmetrical forms," Salm says.

Her sculpture can be viewed at www.amandasalm.com.

Donna Schaffer

The rich, varied and colorful world that exists under the sea vividly springs to life in the oil paintings of Donna Schaffer, who divides her time between Healdsburg and the Monterey Peninsula.

Since 1976 she has been scuba diving all over the world including the Caribbean and the South Pacific. She turned to oil painting to capture her diving experiences after being frustrated with the results of underwater photography. "I've noticed that the human eye is much more sensitive to undersea color nuances than any lens, film or image capture process," she says.

While Schaffer uses her undersea photographs for reference, "These paintings are not 'copies' of my undersea photos," she explains. "I use a painterly approach to make innumerable adjustments and modifications, such as the lighting intensity to counteract the effect of strobe lighting, or I remove the artificial light completely and give the painting an underwater feel, where shadows are barely evident and contrast is low."

Her work can be seen at www.donnaschaffer.com or www.underwaterpainting.com.



Finalists are set for first PAC Battle of the Bands and Soloists

Monterey Bay area high schools are well-represented by finalists for the first ever Battle of the Bands and Soloists competition set for Saturday, May 7 at the Performing Arts Center at Pacific Grove Middle School. A wide range of styles and signature sounds will be represented. The event, a fund-raiser for the center, begins at 6:00 p.m.

Tickets are only \$10 for adults, \$5 for students and are available at the Works, Bookmark Music, PG Hometown Bulletin, and at the PAC website at www.performingartscenterpg.org, or by calling 655-4814.

The finalists are:

Angels in the Alps, Carmel H.S.
Kane Suga, Melanie Ingram

The Cronies, Pacific Grove H.S.
Sean Paulhus, Bogie Pieper, Ryan Waldma, Alex Allegre, Alec Gurtian, Peter Sujon

The Locksmith, Seaside H.S.
Brett Freshour, Eric Rowe, Brandon Havon, Trevor Lucier

Mozzo Kush, Pacific Grove H.S.
Taylor Jones, Kyler Mello, Brent Smith, Mikey Cho

Overload, Monterey H.S.
Joey Hall, Josh Optiz, Jake Greenshields, Mason Reed

A Patchwork Silhouette, Marina H.S.
Simon Stewart, Ryan Nolan, Devin Dunn

Sleepcycle, Pacific Grove H.S.
Matt Hannas, Colin Masteller, Frank Lucido

SOLOISTS

Vera Paci, York School

Vincent Randazzo, Monterey H.S.

Yann Brown, Pacific Grove H.S.

PGMS students compete at Model UN

Should the Internet be censored by governments?

What can be done about rogue nuclear states?

What about the increasing political participation of women?

How can we control the international drug trade?

Can we increase our use of sustainable energy?

Heady questions for adults. But these questions will be discussed by middle school students this weekend at a Model UN conference hosted by the Lyceum of Monterey.

In pairs and threesomes, each with a support person, the students, who were provided a curriculum by The Lyceum of Monterey, have studied their assigned countries and their expected positions on these questions. They have produced position papers which give them a basis for their speaking points.

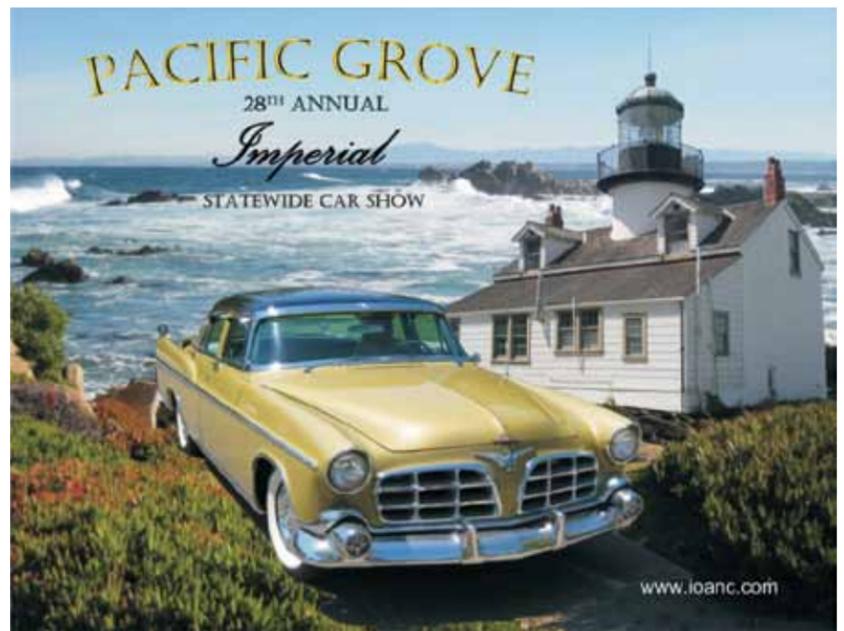
They've done it all in their free time, too — studying the CIA Fact Book, researching in the computer lab at school their "adoptive" countries — Greece, India, Cuba, Brazil, Great Britain, Russia and Germany.

Each team will tackle two projects this Saturday when they go to Monterey Institute of International Studies to serve in the General assembly, the Security Council or the Economic and Social Council.

Results next week.

To place legal advertising with Cedar Street Times call 831-324-4742

28th Annual Imperial Owners Statewide Show



Saturday May 14, 2011
Car Show 10:00am - 1:00pm
Pacific Grove
Lighthouse Avenue
Downtown Historic District

Vote for the Peoples Choice Award
Cast your ballot for your favorite Imperial

916-825-7999 www.ioanc.com

Battle of the Bands & Soloists of Monterey Bay High Schools

SATURDAY, MAY 7 at 6:00 PM

Performing Arts Center 835 Forest Avenue Pacific Grove
TICKETS: Students \$5 Adults \$10 AVAILABLE: The Works, BookMark Music, PG Hometown Bulletin, & PAC website
INFO: www.performingartscenterpg.org or 655-4814

Produced by Foundation for Performing Arts Center - PG
MC is Tamara Berg from KION-TV

Golf Links comes to Canterbury

Members of the PG Women's Golf Club enjoyed a sunny afternoon get-together in the Bougainvillea Garden at Canterbury Woods. Along with the chance to visit, talk golf and nosh on wine and cheese, they enjoyed a tour of Golf Links Advisory Commissioner Sallie Brun's new apartment and beautiful courtyard garden at Canterbury Woods.

Left, Sally toasts the group (center in floral jacket)

The PGWGC plays Wednesday mornings at Pacific Grove Golf Links and has several tournaments per year.

Photos by Marley Knoles



Breaker

Sports

Carmel @ Pacific Grove - 4/21/2011

RESULTS

Girls 100 Meter Dash Finals

(w: NWI) 1, Aubrie Odell, Pacific Grove 13.59. 2, Veronica Sandoval-Guerrero, Carmel, 13.71. 3, Kaitlin Davis, Carmel, 14.13. 4, Jenny Schrock, Carmel, 14.49. 5, Haley Vivolo, Carmel, 14.52. 6, Lauren Weichert, Pacific Grove 14.71. 7, Parker Levinson, Carmel, 14.74. 8, Brianna Rakouska, Pacific Grove 15.63. 9, Dakota Penniman, Pacific Grove 15.79.

Girls 200 Meter Dash

(w: NWI) 1, Aubrie Odell, Pacific Grove 28.18. 2, Kaitlin Davis, Carmel, 28.55. 3, Yui Lee, Carmel, 29.01. 4, Veronica Sandoval-Guerrero, Carmel, 29.22. 5, Sydney Reckas, Pacific Grove 29.44. 6, Jenny Schrock, Carmel, 29.44. 7, Haley Vivolo, Carmel, 29.91. 8, Allyson Shyvers, Carmel, 31.66.

Girls 400 Meter Dash

1, Katie Wilcox, Carmel, 1:03.66. 2, Hope Rauber, Carmel, 1:04.17. 3, Sydney Reckas, Pacific Grove 1:04.48. 4, Yui Lee, Carmel, 1:06.19. 5, Molly McNeely, Carmel, 1:10.94.

Girls 800 Meter Run

1, Mackenzie Dooner, Carmel, 2:36.40. 2, Paige Silkey, Pacific Grove 2:36.63. 3, Stella Park, Pacific Grove 2:37.29. 4, Hannah Cozad, Carmel, 3:01.10.

Girls 1600 Meter Run

1, Paige Silkey, Pacific Grove 5:28.25. 2, Mackenzie Dooner, Carmel, 5:30.12. 3, Kaitlin Alt, Pacific Grove 6:02.18. 4, Mary Modisette, Pacific Grove 6:07.32. 5, Krista Sedgwick, Carmel, 6:49.66. 6, Hannah Cozad, Carmel, 6:49.71. 7, Laine Aswad, Carmel, 6:59.73. 8, Julia Padover, Carmel, 7:39.86.

Girls 3200 Meter Run

1, Paige Silkey, Pacific Grove 12:30.12. 2, Mackenzie Dooner, Carmel, 12:49.19. 3, Kaitlin Alt, Pacific Grove 12:52.90. 4, Mary Modisette, Pacific Grove 13:40.41. 5, Krista Sedgwick, Carmel, 14:53.51. 6, Marie Vastola, Pacific Grove 16:13.07.

Girls 100 Meter Hurdles

(w: NWI) 1, Jule Muegge, Carmel, 17.05. 2, Becky Long, Pacific Grove 18.72. 3, Elisa Gonzales-Smith, Carmel, 19.54. 4, Emma Miguel, Carmel, 21.00.

Girls 300 Meter Hurdles

1, Jule Muegge, Carmel, 51.40. 2, Becky Long, Pacific Grove 54.95. 3, Sydney Reckas, Pacific Grove 55.58. 4, Emma Miguel, Carmel, 56.41. 5, Molly McNeely, Carmel, 58.19.

Girls 4x100 Meter Relay

1, Carmel High School 52.87. 2, Pacific Grove High School 54.31.

Girls 4x400 Meter Relay

1, Carmel High School 4:22.13. 2, Pacific Grove High School 4:35.78.

Girls High Jump

1, Jule Muegge, Carmel, 5-00. 2, Tori Lis, Pacific Grove 4-10. 3, Elisa Gonzales-Smith, Carmel, 4-06. 3, Jaqui Light, Pacific Grove 4-06. 5, Mackenzie Dooner, Carmel, 4-04. 6, Dakota Penniman, Pacific Grove 4-00. 7, Emma Miguel, Carmel, 3-10. 8, Brianna Rakouska, Pacific Grove 3-08. --, Katelyn Peakes, Pacific Grove NH.

Girls Pole Vault

1, Jenny Schrock, Carmel, 6-00. 2, Marie Vastola, Pacific Grove J6-00. --, Parker Levinson, Carmel, NH. --, Lauren Weichert, Pacific Grove NH. --, Kaitlin Alt, Pacific Grove NH.

Girls Long Jump

1, Aubrie Odell, Pacific Grove 15-05.50, w:NWI. 2, Katie Wilcox, Carmel, 14-06, w:NWI. 3, Yui Lee, Carmel, 13-11, w:NWI. 4, Tori Lis, Pacific Grove 13-10, w:NWI. 5, Jenny Schrock, Carmel, 13-00, w:NWI. 6, Katelyn Peakes, Pacific Grove 12-05, w:NWI. 7, Elisa Gonzales-Smith, Carmel, 11-06, w:NWI. 8, Hannah Chung, Pacific Grove 11-01.50, w:NWI. 9, Christina Taschner, Pacific Grove 10-10.50, w:NWI. 10, Celine Ghion, Carmel, 10-08, w:NWI. 11, Katelyn Gaines, Pacific Grove 9-09.50, w:NWI. --, Veronica Sandoval-Guerrero, Carmel, ND, w:NWI.

Girls Triple Jump

1, Hope Rauber, Carmel, 30-10, w:NWI. 2, Elisa Gonzales-Smith, Carmel, 30-04, w:NWI. 3, Yui Lee, Carmel, 30-03.50, w:NWI. 4, Jaqui Light, Pacific Grove 28-09, w:NWI. 5, Tori Lis, Pacific Grove 28-08, w:NWI.

Girls Shot Put

1, Mele Hautau, Pacific Grove 28-08.75. 2, Katelyn Peakes, Pacific Grove 27-10. 3, Christina Taschner, Pacific Grove 27-04.75. 4, Katelyn Gaines, Pacific Grove 24-08.

Girls Discus Throw

1, Mele Hautau, Pacific Grove 97-05.50. 2, Katelyn Peakes, Pacific Grove 91-03. 3, Christina Taschner, Pacific Grove 88-11.25. 4, Katelyn Gaines, Pacific Grove 61-03.

Boys 100 Meter Dash

1, Taylor Odell, Pacific Grove 11.59, w:NWI. 2, Jacob Shyvers, Carmel, 11.94, w:NWI. 3, William Choi, Pacific Grove 12.39, w:NWI. 4, Fred Chung, Pacific Grove 12.55, w:NWI. 5, Alonzo Perez, Pacific Grove 12.57, w:NWI. 6, Alex Chung, Pacific Grove 12.78, w:NWI. 7, Alejandro Resendiz, Carmel, 12.98, w:NWI. 8, Romulus Marquez, Pacific Grove 13.99, w:NWI. 9, Kyle Lundquist, Pacific Grove 14.00, w:NWI. 10, Giovanni Valdivia, Pacific Grove 14.12, w:NWI.

Boys 200 Meter Dash

(w: NWI) 1, Taylor Odell, Pacific Grove 23.30. 2, Isaiah Skelton, Carmel, 23.78. 3, Jacob Shyvers, Carmel, 24.49. 4, Preston Evers, Carmel, 24.82. 5, Alonzo Perez, Pacific Grove 25.91. 6, Alex Chung, Pacific Grove 25.96. 7, Hunter Ingle, Carmel, 26.24. 8, Alejandro Resendiz, Carmel, 26.59. 9, Kyle Lundquist, Pacific Grove 28.88.

Boys 400 Meter Dash

1, Taylor Odell, Pacific Grove 51.82. 2, Isaiah Skelton, Carmel, 52.14. 3, Jake Snowden, Carmel, 54.07. 4, Preston Evers, Carmel, 54.76. 5, Hunter Ingle, Carmel, 58.45.

Boys 800 Meter Run

1, Conrad Hain, Carmel, 2:07.13. 2, Alex Schramm, Pacific Grove 2:13.60. 3, Addison Miller, Pacific Grove 2:13.93.

Boys 1600 Meter Run

1, Alex Schramm, Pacific Grove 4:35.82. 2, Conrad Hain, Carmel, 4:36.97. 3, Addison Miller, Pacific Grove 4:37.11. 4, Justin DePalatis, Carmel, 4:57.22. 5, Victor Saucedo, Pacific Grove 5:15.13. 6, Iljin Cho, Carmel, 5:47.67.

Boys 3200 Meter Run

1, Conrad Hain, Carmel, 10:28.02. 2, Eddie Kline, Carmel, 10:30.64. 3, Jacob Loh, Pacific Grove 10:43.87. 4, Justin DePalatis, Carmel, 10:59.20. 5, Skyler Lewis, Pacific Grove 11:04.18.

Boys 110 Meter Hurdles

(w: NWI) 1, Billy Kaufman, Carmel, 18.82. 2, Youchan Kim, Pacific Grove 20.09. 3, Hunter Ingle, Carmel, 20.49. 4, Thomas Anderson, Pacific Grove 32.99.

Boys 300 Meter Hurdles

1, Youchan Kim, Pacific Grove 45.84. 2, Billy Kaufman, Carmel, 45.85. 3, Hunter Ingle, Carmel, 48.99.

Boys 4x100 Meter Relay

1, Pacific Grove High School 46.24. 2, Carmel High School 46.86.

Boys 4x400 Meter Relay

1, Carmel High School 3:46.57. 2, Pacific Grove High School 4:02.80.

Boys High Jump

1, Kristian Grobecker, Pacific Grove 5-06. 2, Jake Fenton, Carmel, 5-04. 3, Nino Miguel, Carmel, 5-00. 4, Alex Chung, Pacific Grove J5-00. 5, Jacob Ellezy, Pacific Grove 4-10. 6, Luke Lowell, Pacific Grove 4-06. 7, Ryan Waldman, Pacific Grove 4-04.

Boys Pole Vault

1, Addison Miller, Pacific Grove 9-06. 2, Jake Fenton, Carmel, J9-06. 3, Fred Chung, Pacific Grove 9-00.

Boys Long Jump

1, Kristian Grobecker, Pacific Grove 18-08, w:NWI. 2, Fred Chung, Pacific Grove 18-01.50, w:NWI. 3, William Choi, Pacific Grove 17-11.75, w:NWI. 4, Billy Kaufman, Carmel, 17-02, w:NWI. 5, Alex Chung, Pacific Grove 16-10.50, w:NWI. 6, Jacob Ellezy, Pacific Grove 16-08.50, w:NWI. 7, Alonzo Perez, Pacific Grove 16-07.25, w:NWI. 8, Jake Fenton, Carmel, 16-05.75, w:NWI. 9, Ryan Waldman, Pacific Grove 16-03.25, w:NWI. 10, Luke Lowell, Pacific Grove 14-08, w:NWI. 11, Dante Ponce Rangel, Carmel, 14-04.25, w:NWI. 12, Giovanni Valdivia, Pacific Grove 14-00.25, w:NWI. 13, Romulus Marquez, Pacific Grove 13-09.25, w:NWI. 14, Kyle Lundquist, Pacific Grove 13-01.75, w:NWI.

Boys Triple Jump

1, Billy Kaufman, Carmel, 38-04, w:NWI. 2, Kristian Grobecker, Pacific Grove 38-02, w:NWI. 3, Nino Miguel, Carmel, 38-00, w:NWI. 4, Jacob Ellezy, Pacific Grove 34-10, w:NWI. --, Luke Lowell, Pacific Grove ND, w:NWI.

Boys Shot Put

1, Stephen Leach, Carmel, 43-10.50. 2, Nino Miguel, Carmel, 42-10. 3, Alonzo Perez, Pacific Grove 35-01. 4, Thomas Anderson, Pacific Grove 33-05.50. 5, Alec Manas, Carmel, 30-03. 6, Jonathan Elder, Carmel, 28-11.50. 7, Dante Ponce Rangel, Carmel, 25-02.50.

Boys Discus Throw

1, Doug DeGeorge, Carmel, 142-00. 2, Stephen Leach, Carmel, 138-00. 2, Nino Miguel, Carmel, 138-00. 4, Thomas Anderson, Pacific Grove 103-11.

BREAKER OF THE WEEK TREVOR DIXON



Sport: Golf
Grade: Sophomore
Also plays Football and Basketball
Trevor would like to attend UCSB or Chico State for Journalism and Broadcasting

HONORABLE MENTIONS:

Jacob Elsey
Jordan O'Donnell
Dylan Chesney

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Central Coast
Silkscreen & Embroidery
215 Forest Ave PG 372-1401

BREAKER OF THE WEEK KEVIN RUSSO



Sport: Baseball
Grade: Sophomore
Also plays Basketball
Kevin would like to play baseball somewhere after high school.

HONORABLE MENTIONS:

Daniel Loersinger
Jean Lane
Jake Speed

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318 Grand Avenue
Pacific Grove
375-4322

Culinary herbalism to protect from radiation

Amy Coale Solis MH

Amy Herbalist



Orange, cabbage, kale, apple, broccoli, radish, rosemary, think of including these foods on your shopping list or in the garden this year to protect you and your family from toxic radiation. No doubt you are now aware of the damage that toxic radiation causes. There are many common ways we are exposed to radiation that we should all be aware of other than the disfunction of the Fukushima nuclear plant in Japan and the seeping vapors of power plants around the world. Research has confirmed that non-ionizing communications radiation in the RF/microwave spectrum has the same effect on human health as ionizing gamma wave radiation from nuclear reactions. Injuries resulting from radioactive radiation are identical with the effects of electromagnetic radiation, meaning that while cell phones and wireless devices may be the hottest craze, wireless devices along with many other sources have the same destructive effects as nuclear plant radioactivity on the cells of the body. Causing the cell's nuclei to splinter off into micronuclei fragments, this condition is a set up for pre cancers, lowered immunity and more. Cell phone towers, computers, x-rays: with all of these and more, we are constantly exposed to toxic radiation and many other proven cell destroyers.

It is without a doubt that the way we eat, think, detoxify, hydrate, breathe and pray are all going to be the determining factors on a cellular level the way our bodies are going to react to toxic matter. Providing our bodies with the tools for detoxifying and regenerating at a cellular level through nutrition and herbs is called culinary herbalism. This may sound complicated or like something that would require years of studies but it is actually something that everyone can begin to implement right away for success. Along the way, you will only get better and more knowledgeable about food and herbs, learning their healing properties and learning how to prepare them for better or more specific results as you practice. By creating meals with the proper whole foods, herbs, spices, vegetables, nuts, seeds and fruits you can let the food be your medicine and medicine be your food.

I realize that some people are more extreme than others when it comes to the subject of toxic substances in the environment. As a holistic practitioner with a background in nutrition and herbs I want to share some of the ways we can each incorporate culinary herbalism into our daily lives to protect ourselves from toxic radiations. In a study done in India, and published in the 2008

Journal of Biochemical and Molecular Toxicology, scientists investigated the radio-protective potential of caffeic acid against gamma radiation-induced cellular changes. Lymphocytes were pre-incubated with caffeic acid while controls were not. All the lymphocytes were exposed to different doses of radiation and then genetic damage and biochemical changes were measured. Gamma irradiated control lymphocytes showed a radiation dose-dependent increase in genetic damage and a significant decrease in antioxidant status. Caffeic acid pretreated lymphocytes positively modulated all radiation-induced changes. There was no damage caused to the cells whatsoever. Foods that contain caffeic acid are apples, all citrus, the Brassicaceae family, which include kale, broccoli, cabbage, cauliflower, pak choi, radish, turnip, and more. Many of these Brassicaceae vegetables also contain enzymes that break down carcinogens, stimulate liver detoxification, and protect the thyroid.

In a study published February 2 this year in the *British Journal of Radiology*, scientists in Spain reported finding that nothing fights radiation damage to micronuclei as well as rosemary. The fact that these compounds found in rosemary are fat-soluble allows them to provide highly significant protective anti-mutagenic activity. Even the most powerful water-soluble antioxidants lack the capacity to protect against gamma ray induced damage. In another study published in *Food and Chemical Toxicology*, the generation of radiation induced cellular DNA damage to skin from free radicals was the focus. The researchers sought to demonstrate that rosmarinic acid from rosemary would act as a photo-protector both by acting as a scavenger of free radicals and as an inducer of the body's own endogenous defense mechanisms.

Rosemary is warming and pungent. Rosemary can be used many ways: it can be served as an herbal tea, and used in cooking, salads and salad dressings. In stronger doses rosemary can be used in the powdered form, fluid tincture, or essential oil. Putting a few drops of therapeutic quality rosemary oil on the bottom of the feet or in the bath would be a good way to use rosemary oil. Rosemary is definitely an herb to keep in the garden or landscape: it is simple to grow, it is drought and deer tolerant, has so many healing and culinary uses, and it also smells lovely. Rosemary is the highest antioxidant of the herbs. When I ground myself to rosemary it teaches me to have strength and patience, also to

be useful, humble, helpful, and sharp. It is one of my favorite herbs and is very sustainable and available.

My encouragement and resources for this letter come from the newsletters of Dawn Hankins and Gail Faith Edwards; they each are very respected mentors of mine. I learned a world from Dawn while working with her and look forward to studying with Gail this summer. I would like to briefly list a few more important nutrients these knowledgeable community herbalists have suggested benefiting this subject of protecting you and your family from toxic radiation. Dawn lists fresh water with lemon, garlic, cayenne, umeboshi plum, pickled or fermented foods, ginger, ginger tea, and frankincense. Gail also mentions Baltic amber, kelp, adaptogen herbs, potassium, and noted that following the bombing of Nagasaki, a group of surviving macrobiotic doctors and their patients avoided radiation sickness simply by eating brown rice, miso and seaweed.

I encourage you to think of your meals and the food you are eating as medicine. Let your food decisions be healing and lead you towards energy, health, and daily detoxification. I hope you allow food choices to be your source of regeneration for proper cell functioning in this toxic environment that is surrounding us. Don't be shy or afraid to add herbs and spices to your favorite recipes; be certain that each one has many benefits and purposes. Enjoy the blessings of being the culinary herbalist

in your home. I hope you will benefit from these suggestions and information, bringing them into your kitchen with prayer and love while finding nourishment and peace on your plate.

If you would like to speak with a Master Herbalist I will be happy to answer your questions, work with you, your family, your health, and your natural holistic lifestyle. I also am happy to offer a free first time phone consultation.

Master Herbalist | Certified Health Specialist | Amy Coale Solis

If you have a question or would like to schedule a Free first time phone consultation, contact: (831) 262-6522

Amy Herbalist is a local Master Herbalist, Certified Health Specialist. Amy also is a Baker, Homesteader/Home-maker, and Organic Home Gardener. She writes for the Cedar Street Times as well as her personal Amy Herbalist Newsletter.

"My passions are gardening and growing my own food, learning about herbs and studying their healing properties, sharing with others the wonderful benefits I have found, to help people reach optimum health through nutrition, and to educate them about the healing properties of food and herbs. My goals are to continue studying, practicing and sharing the benefits of herbs, nutrition, and a sustainable lifestyle."

Transform your negative beliefs... transform your life.



Rabia Erduman, CHT, CMP, RPP, CST

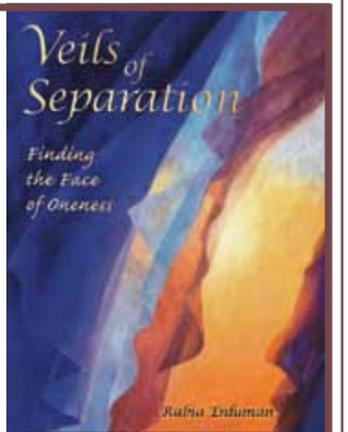
Author of *Veils of Separation*

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The Green Page



Waste not, want not

Passion Purveyors brings new harvest

By Cameron Douglas

Here in America, we enjoy the best of almost everything. It's expected. When we go to the store or the Farmers' Market, attractive goods are laid out for our choosing, all within a certain range of size and with as few blemishes as possible. Produce that is too large, too small, misshapen, or just plain gnarly is not offered to us, because the sellers know the average consumer will reject it.

Carolyn Swanson, the owner of Passion Purveyors, loves food and loves restaurants. She had a question: "What happens to produce that doesn't look the way people expect it to?" She pondered the fate of long, skinny beets; pale, knobby carrots; thin-skinned lemons; large, ungainly tangerines. These tasty, edible, certified organic morsels typically end up in the compost heap at the farms where they are grown. Now, another option exists.

To put more good food to use, Swanson created Gnarly Nature Organic Produce. She set up a place in Salinas where growers can bring their boxes of produce that "didn't make the cut." Passion Purveyors buys the food and resells it to their customers here on the Peninsula. That food, which would have gone to waste, turns into salads, cooked vegetables and more. It's called a win-win: the growers make a little more money, Swanson makes a little more money, and the customers of Passion Purveyors enjoy yet another service they can feel good about. And that good feeling goes straight to their customers.

Swanson was probably the kid everyone wanted to play with because she thought up the coolest games. Talking with her today shows a belief that, with hard work and the right attitude, anything can happen. She has a clear understanding of how to do business. Gnarly Nature is the latest in a string of successes she has achieved.

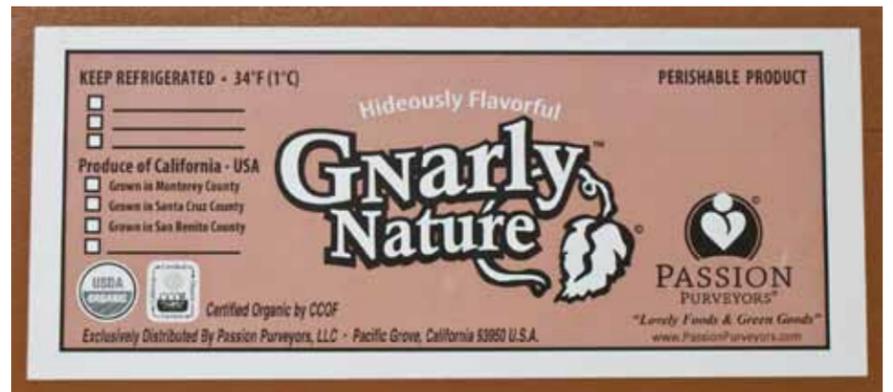
"You just have to get creative," Swanson observes, in reference to the current economic times. Wherever there is waste, she looks for opportunity. In 2007, she launched Passion Purveyors. Functioning as a distributor, her company makes it easy for local restaurateurs to obtain goods that create less waste. "Waste is money," she explains.

She expanded her operation to provide bags, bamboo cutlery, hot and cold cups, napkins, plates, bowls and compostable to-go containers. With an emphasis on service, she works with local businesses by allowing various order quantities and at-location delivery. Her customers now number in the hundreds, and about a third of those have picked up on Gnarly Nature.

Passion Purveyors
(831) 383-9215
<http://shop.passionpurveyors.com/>



Who could refuse these small, delicious heads of gnarly romaine?



"Hideously Flavorful." Swanson worked with Flipside Design to come up with these stickers that go on boxes of Gnarly Nature Organic Produce. They show where it came from, provide for temperature checks, and show the food to be USDA and CCOF certified organic.



Carolyn Swanson of Passion Purveyors offers waste-reducing food service items in a variety of sizes and quantities.

Learn composting with Regional Parks

Lessons in composting and a chance to study the stars are among the upcoming nature programs offered by the Monterey Peninsula Regional Park District (mprpd.org). These events are free.

Full information on all listings found in the spring/summer Let's Go Outdoors! Adventure Activities guide is on-line at mprpd.org.

Basic Composting and Vermicomposting (Worms)

Did you know that organic matter represents approximately 1/3 of all household waste? Composting yard and kitchen scraps reduces the amount of "garbage" going into local landfills and produces free nutrient-rich soil amendment for your backyard garden.

Ages 8-adult, minors must be accompanied by an adult, Saturday, April 30, 9 AM-10:30 AM (basic); 11 AM-12:30 PM (worms), Hilton Bialek Habitat (MEarth) at Carmel Middle School, 4380 Carmel Valley Road, both free. Instructors: Monterey Regional Waste Management District (mrwmd.org) staff.

Star Party

Look at the night sky and revel in its vast mysteries. Come out and join in as amateur astronomers share their knowledge of the cosmos. Hot drinks and cookies provided free. Rain, fog or cloud cover cancels event. Begins approximately at sunset.

All ages, minors must be accompanied by an adult, Thursday, May 5, 8 PM-10 PM, Garland Ranch Regional Park, 700 W. Carmel Valley Road, free. Offered by the Monterey Peninsula Regional Park District (mprpd.org) and the Monterey Institute for Research in Astronomy. Please pre-register at 659-6065 for this event.

Pre-registration is strongly suggested for all classes and programs offered by the Monterey Peninsula Regional Park District (MPRPD). Register online at www.mprpd.org or in-person between 11 AM-1 PM, Tuesday-Friday at the MPRPD office, 60 Garden Court, Suite 325, Monterey (check, money order, Visa or MasterCard or Discover accepted). If space is available, there is an additional charge of \$5 to register the day of the class. On-site registration begins 20 minutes prior to the start of the class. All check-in and registration closes 5 minutes before the class begins. Contact is Joseph Narvaez, at 372-3196, ext. 3.

The Green Page



Ocean Guardians at Good Old Days:

'Paper, plastic or planet?'



L-R: Isabel Cushman, Stephanie Procive, Richard Barakat, Luke Hiserman, Cameron Reeves, Jackson Klarfeld, Everett Millette, and Ben Phillips.

The Pacific Grove Middle School Ocean Guardians recently participated in the Good Old Days event. Students marched in the parade and then worked at a booth with Sustainable Pacific Grove to encourage people to use fewer plastic bags.

"I marched in the parade," said Richard Barakat, a 6th grader. His classmate, Joe Priolo added, "After the parade I asked people if they wanted to take the 'Marine Debris Challenge,' and I handed out a lot of reusable bags."

The students participated as part of Pacific Grove Middle School's Ocean Guardians program. They learned earlier this year that plastic pollution is a big issue. "We wanted to raise awareness about how much plastic people are using," said Isabel Cushman.

As part of the Marine Debris Challenge, Madison Donaghy asked people to name some ways they could reduce their use of plastics. Olivia Cain asked how many plastic bags are used in California each year. (Answer: 12 billion!) Maxx Yontz asked passersby how long it takes for a plastic bag to decompose (500 years).

Representatives from Sustainable Pacific Grove gathered 513 signatures in support of a plastic bag ban on the Peninsula. According to Thomas Pontarolo, "Most people were interested in

what we had to say, but some weren't."

Although the students are very committed to supporting a ban on plastic bags, they understand that such a ban faces challenges. Foster Smith said, "Plastic bags are cheap." Paola Morales added that they are used in many places. Cameron Reeves observed pointedly, "There's a group called Save the Plastic Bag, and they're paying a lot of money so that they can keep them in our stores so that they can still make money off these evil items made of turtle-killing materials."

While happy with their efforts to curb the use of plastic

bags, the students reported something that disturbed them at Good Old Days. "Balloons! There was a place that was handing out balloons to little kids, and we saw balloons floating away," exclaimed Stephanie Procive.

The sight of runaway balloons at Good Old Days concerned Hannah Spadoni and Lauren Pick. "They could go into the ocean and they could choke animals," said Hannah. In addition to the danger that balloons present to marine animals as a choking hazard, Everett Millette said, "Helium is nonrenewable resource; it's only found in few places.

There's one deposit in Texas where people get helium, and we're running out of it. We use it for other stuff besides balloons. So we need to conserve it."

Luke Hiserman expressed a concern common to many PGMS students. "There shouldn't be any balloons at Good Old Days since we live so close to the ocean."

Snapshot Day's 12th Anniversary is May 7, 2011

Volunteers are needed for this one-day water-sampling event. From San Mateo County to San Luis Obispo County, volunteers head out into the 10 major watersheds that flow to the Monterey Bay National Marine Sanctuary to collect water samples, conduct field measurements and contribute to valuable water quality information that assesses the health of over 100 bodies of water. This one-day event is a great way to learn about and get involved in water quality, environmental protection, and your local area.

Snapshot Day locally begins at REI at the Dunes shopping center in Marina. Volunteers can obtain one-day training ahead of time, which is recommended, but not required. The training will be held at REI on April 30 from noon until 3:00 p.m.

For more information or to volunteer, contact Lisa Emanuelson at 831-647-4227 or Lisa.Emanuelson@noaa.gov.

PACIFIC GROVE CERTIFIED

Farmers Market

Central & Grand
(Near the park, museum and library)

Mondays, 4pm-7pm

Meet us at the Park!

www.EVERYONESHARVEST.org or 831-384-6961